

# Winter Planner 2021

Here's three months worth of activity ideas for everyday adventures. We'll be featuring these activities each day on our social channels and we'd love to see what you're getting up to. So let's get connected, share the fun and experience #AdventureForAll!

Find us on Facebook and Twitter @PawprintFamily and on Instagram @Pawprint\_Family

January	February	March
<p><b>4th - 10th - Winter Challenge</b></p> <ul style="list-style-type: none"><li>Recycle an old jumper or wool garment and make a pair of mittens or a hat.</li><li>Make your own hot chocolate stirrers.</li><li>Have a snowball fight.</li><li>Find out about animals that hibernate in the winter or birds that migrate.</li><li>Make a selection of warm and filling soups.</li></ul> <p><b>11th - 17th - Winter Sports</b></p> <ul style="list-style-type: none"><li>Create your own mini ice hockey rink and have a game of ice hockey with lolly sticks and a button.</li><li>Make your own medals using materials of your choice.</li><li>Find out what an athlete needs to eat to stay healthy and create your own healthy eating meal planner.</li><li>Create your own Winter sports pairs game.</li><li>Find Olympic countries on a world map.</li></ul> <p><b>18th - 24th - Burns Night</b></p> <ul style="list-style-type: none"><li>Design your own tartan and try tartan weaving.</li><li>Make your own shortbread.</li><li>Have a whiskey barrel rolling race.</li><li>Find out what a clan is and do some research to see if you are part of a clan.</li><li>Write your own poem to a haggis.</li></ul> <p><b>25th - 31st - Birdwatching Challenge</b></p> <ul style="list-style-type: none"><li>Craft a paper bird house using our free resource.</li><li>Make a bird feeder for the garden.</li><li>Hold your own egg and spoon races.</li><li>Take part in the Big Garden Birdwatch, for more information see the RSPB website: <a href="http://www.rspb.org.uk">www.rspb.org.uk</a>.</li><li>Fry your own eggy bread (with plenty of butter is best in our opinion).</li></ul>	<p><b>1st - 7th - Mindfulness &amp; Wellbeing Challenge</b></p> <ul style="list-style-type: none"><li>Create a worry jar or a happy jar.</li><li>Bake something and give it to someone else.</li><li>Get active and inventive by moving around the space in different ways, like Simon Says.</li><li>Try yoga or animal yoga for little ones.</li><li>Collect newspaper cuttings on current affairs and discuss, then think about what we have to be thankful for.</li></ul> <p><b>8th - 14th - Chinese New Year</b></p> <ul style="list-style-type: none"><li>Fold your own lucky red money envelope using our free resource.</li><li>Make a vegetarian/vegan dish as Ox are herbivores, meaning they only eat plants.</li><li>Have a game of draughts, chess, connect 4, noughts and crosses or Othello.</li><li>Read the story of the Chinese Ox.</li><li>President Obama was born in the year of the Ox, create your own presidential campaign and manifesto.</li></ul> <p><b>15th - 21st - Pancake Day</b></p> <ul style="list-style-type: none"><li>Get creative in your pancake pan and create pancake art using coloured batters or try writing your name.</li><li>Start something positive for lent like saving money or giving someone a compliment every day.</li><li>Make an egg based dish.</li><li>See how many pancake flips you can do in 1 minute...the world record is 140.</li><li>Make or decorate an apron for in the kitchen.</li></ul> <p><b>22nd - 28th - World Thinking Day</b></p> <ul style="list-style-type: none"><li>Make your own friendship stick.</li><li>Find a traditional dish sweet/savoury from around the world and make it.</li><li>Play a game of pairs with flags and their countries.</li><li>Learn to tie a friendship knot.</li><li>Weave or plait a friendship bracelet to give to a stranger or friend.</li></ul>	<p><b>1st - 7th - St. David's Day</b></p> <ul style="list-style-type: none"><li>Create something using wool.</li><li>Cook up some leek and potato soup.</li><li>Play/sing a famous playground rhyming game/song e.g. 'Oranges and Lemons'.</li><li>Find out about the history behind the flag of St. David.</li><li>Make some Bara Brith.</li></ul> <p><b>4th - World Book Day</b></p> <ul style="list-style-type: none"><li>Build a den to read in.</li><li>Stack your own fruit kebabs based on The Very Hungry Caterpillar by Eric Carle.</li><li>Play a game of pictionary/charades with book titles and characters.</li><li>Take a photo of yourself reading in an unusual or exciting place.</li><li>Make puppets to help you tell/share a story.</li></ul> <p><b>8th - 14th - International Women's Day (Jan '21)</b></p> <ul style="list-style-type: none"><li>Create a paper chain of all the inspirational women in your life.</li><li>Find out about some famous female chefs and cook one of their recipes.</li><li>Play Pollyanna's 'glad game'.</li><li>Create your own inspirational quote art.</li><li>Design your own inspirational woman badge using our free resource.</li></ul> <p><b>15th - 21st - St. Patrick's Day</b></p> <ul style="list-style-type: none"><li>Make a boat big or small and float it.</li><li>Bake pot of gold cake pops or a multi-layered rainbow cake.</li><li>Play a game of 'Pin the Beard on the Leprechaun'.</li><li>Try and find a lucky four-leaf clover.</li><li>Create a rainbow pizza using veggies.</li></ul> <p><b>22nd - 28th - Holi (Feb '21)</b></p> <ul style="list-style-type: none"><li>Create your own Holi colour powders.</li><li>Make your own colour wheel of biscuits.</li><li>Play a game of colour bingo using our free resource.</li><li>Read the story of Radha and Krishna and paint your face/body.</li><li>Create your own animal collages like Lord Vishnu who appeared as half-lion, half-man in the story of Hiranyakashipu.</li></ul>

For more ideas download the full challenge packs for free from the website!