

Children's University Autumn Challenge



From pumpkin picking to bonfire night...

We've teamed up with Children's University to create this special badge that celebrates all things Autumn!

For even more programme ideas check out our 'CU Autumn' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been created in partnership with Children's University. Divided into 4 sections: Craft, Food, Games and Other, it's been designed to help you provide a balanced and varied programme for your young adventurers. We recommend that the following number of activities are completed by each age group:

Age 3 - 5						
Age 5 - 7						
Age 7 - 11						
Age 11 - 14						
Age 14 - 18						
Age 18+						

Craft

Food

Games

Other

PICK

Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

Please Do	You May Not
Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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info@pawprintfamily.com

You can view the extended terms of use on our website
www.pawprintfamily.com/terms-conditions

children's

U N I V E R S I T Y

Children's University is an award scheme for children that encourages, tracks and celebrates their participation in learning beyond the classroom. Stamps are awarded for taking part in clubs, online activities, and other activities done alone, or with the family, at home and in the local area. Children can keep a log of everything they do, and each hour of participation takes them one step closer to their next certificate. Pawprint Badges are proud to have all of our badges validated by Children's University!

If you want to find out more about Children's University, visit www.childrensuniversity.co.uk.

Children may be able to sign up through their schools if they're already part of the programme. If not, there's a great online subscription you can access via www.childrensuniversity.co.uk/subscribe.

If you're already part of the programme, you'll get the stamp code for completing the Children's University Autumn Challenge when you buy your badge.





Craft

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BADGES**

- 🍁 Dig out your pencils, pens, paints, crayons and get doodling.

Why?

During the month on September every year, hundreds of artists, illustrators and celebrities get involved to create their own unique doodles to raise money for Epilepsy Action, a charity that supports millions of people living with Epilepsy. Famous names that have got involved with the fundraiser in the past have included Mary Berry (TV chef), Axel Scheffler (Illustrator of *The Gruffalo* and *Stick Man*) and Martin Brown (Illustrator of *Horrible Histories*).

- 🍁 Put together some autumn mosaics using different types of beans.
- 🍁 Draw a picture of your favourite autumn wildlife.
- 🍁 Knit yourself a jumper to keep cosy as the months get colder. You could even wear the jumper to take part in Save the Children's Christmas Jumper Day in December.
- 🍁 Make some exploding firework display prints, in time for Bonfire Night.

How?

Start by cutting the end of a toilet roll tube multiple times, making cuts all around the bottom that are around 5cm long. Fold back these ends and dip into a paint colour of your choice, then print onto black craft paper or card. Spend time experimenting with different colours to see which work the best against the black and look the most like fireworks. Complete with a sprinkling of glitter if you have any laying around!

- 🍁 Get involved with a classic autumn activity by decorating a pumpkin for Halloween. You could carve a spooky face with the help of an adult or paint on some gruesome patterns.
- 🍁 Make a collage using all of the red, yellow and orange materials you can find.
- 🍁 During the season of autumn, the nights start turning darker. Craft your own candle holder out of salt dough.

Here's an idea!

Why not decorate your candle holder to celebrate Diwali at the end of October and the start of November. Diwali is a festival that many religions celebrate, especially Hinduism and is also known as 'The Festival of Light'.

- 🍁 Put together a homemade wreath using autumn leaves.



Food

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BADGES**

- 🍃 Cinnamon, cloves, nutmeg and ginger are spices that are well known for being used in the autumn months due to their warming scent and flavour. Bake something new that includes one or all of these spices.
- 🍃 Bake bread in the shape of a turkey to join in with the holiday of Thanksgiving that is celebrated in a number of countries such as the United States, Saint Lucia and Canada.
- 🍃 Hold a Halloween themed buffet that contains a selection of spooky goodies!
- 🍃 Remember remember, the 5th of November... Bonfire night is the perfect time to roast some marshmallows by the fire. Why not have a go at making s'mores?

Did you know?

The first ever recipe for s'mores was published in a 1927 Girl Scout handbook. This gooey and delicious snack has been popular ever since and is often a staple for camping trips whilst keeping warm by the campfire.

- 🍃 Whip up a warming dinner recipe such as a stew, pie or risotto.
- 🍃 Autumn is the season of Roald Dahl Day which is held in September every year. Why not have a go at putting together some of his 'Revolting Recipes'. Perhaps some of Dahl's creations might not be what you would fancy for your dinner but will definitely be a fun activity to get involved with!

Here's an idea!

If you weren't too keen on Roald Dahl's 'Revolting Recipes, you could whip up a classic dish from one of his stories such as the chocolate cake that Bruce Bogtrotter eats in the 1988 classic, Matilda.

- 🍃 Try making a soup using seasonal vegetables such as butternut squash, parsnips, carrots and sweet potato.
- 🍃 Fix up a warming mug of hot chocolate to help keep that pesky autumn chill out. Complete with squirty cream and marshmallows for a deliciously sweet finishing touch.
- 🍃 International Day of Awareness of Food Loss and Waste is a very important day all around the world, celebrated each year in the last week of September. Research what you can do to reduce food waste and put some of these tips into action.



Games

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BADGES**

- 🍁 National Play Monopoly Day falls in the third week of November. Why not challenge your friends, family or group to a game?
- 🍁 Create an A-Z list of all things you might associate with the season of autumn, then use the list to come up with your very own autumn bucket list.
- 🍁 Games Day is held annually in December and was originally created by the British game company Games Workshop. Celebrate this day by playing whatever games you want! You could challenge friends and family to some board games or go up against players all over the world with some online video games.

Here's an idea!

Why not take part in your very own Olympic Games? Test your speed in a relay race, set up a sailboat race using a tray filled with water or get stretching with some gymnastics. Whatever sports you decide on, this is a perfect way to get your body moving and keep warm as the weather gets that little bit chillier.

- 🍁 Cut out the ingredients and play a game of 'Spin a Sandwich' using the free resource that can be found on our website. Why not play a game in November to celebrate World Sandwich Day?
- 🍁 Have a go at the classic game of 'Fruit Salad' but with a festive twist. This game is played the same as you would usually play but instead of fruits, you must shout of Christmas foods such as mince pie, Christmas pudding, nut roast, yule log, parsnip etc.
- 🍁 Play a game of 'Odd Sock Bingo' using our free resource.

Why?

Odd Socks Day is always on the second Monday in November and marks the start of Anti-Bullying Week. Not only is this a great day all round for people to express their uniqueness and individuality but it also helps to raise awareness of bullying. Many schools, communities and places of work often give a small donation of 50p/£1 on the day whilst wearing their odd socks which is then donated to the Anti-Bullying Alliance.

- 🍁 Take part in a game of 'Pumpkin Ring Toss' by lining up pumpkins and seeing what the furthest one you can throw a hula hoop over. You could even paint or carve different numbers into the pumpkins to add up your score as you play.
- 🍁 Have fun in a game of apple bobbing.



Other

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BADGES

- 🐾 Find out why people celebrate St Andrews Day. You could even set up your own party to celebrate on the 30th of November.
- 🐾 National Cinema Day falls on the first week of September, watch some films you have never watched before and add them to your 'Film Journal', a free resource on our website. This is a great way to keep track of all the films you watch and the ones you will want to go back to in the future.
- 🐾 Volunteer to help or start a fundraiser for a charity that helps with homelessness.

Did you know?

Statistics show that in autumn 2023, an estimated 3,898 people were counted as sleeping rough across England in a single evening. Not only should we support the homeless on 10th of October for World Homeless Day but there are so many people that require support throughout the whole year.

- 🐾 Go for a nature walk and take a look around – What has changed since summer ended? What colours can you see? If you take a camera along with you, be sure to post your pictures on social media and tag us! We would love to see what autumnal things you spot.
- 🐾 Visit a pumpkin patch or head to a local maize maze.
- 🐾 Spend some time in a local forest or woodland foraging for berries. Why not use them to whip up a recipe that you can find in a book, magazine or website?
- 🐾 Attend a local Christmas light switch on.
- 🐾 Sometimes we get so wrapped up in what is happening in our everyday lives, we forget how important it is so appreciate the little things. Make a list of all the things you are grateful for in your life to join in the Thanksgiving Day celebrations. If you are involved in a group, it might be a nice idea to sit in a circle and read out your lists to one another.
- 🐾 Discover a community Harvest Festival service and attend. As an additional activity you could put together a Harvest basket or box to bring along.
- 🐾 Build a blanket fort for the ultimate cosy night in.
- 🐾 Go for a nature colour hunt to find any many things as you can that are brown, red, yellow or orange.

Adventure Complete?

Reward your young adventurers with their Children's University Autumn Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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