

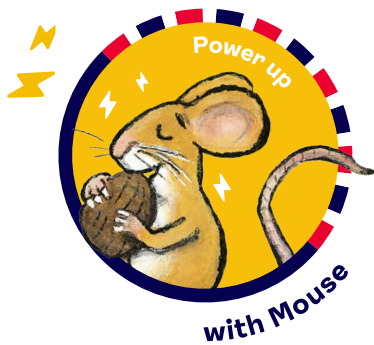
Usage and Access

THE GRUFFALO®
AND FRIENDS



The Gruffalo and Friends x Team GB Challenge takes a slightly different format to others from Pawprint Family. There's still the same amazing quality activity ideas, just available to download in a slightly different way. Each page in the challenge pack can be accessed by clicking the coloured tabs on the left hand side (which will open in the same tab in your browser).

Like our other mini challenges there are 20+ activities which we have put into categories with characters from different stories to create a diverse programme, focusing on different areas of fitness wellbeing and friendship!



Power up with Mouse as he helps us to understand the impact of the foods we eat and the importance of a balanced diet.



Learn and grow with the Flying Doctors as we find out what happens to the different parts of our bodies when we exercise.



Go the extra mile with Stick Man as we run around, exploring a whole range of racing exciting activities.



Explore with The Smeds and The Smoos to understand how coming together can be a great way to enjoy sport.



Make a splash with the Snail and the Whale as we build confidence in the water and take part in watery adventures.



Get a wiggle on with Superworm to understand why stretching and cooling down is important after exercise.

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Click the tabs on the left to get started!

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The Gruffalo

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