

**PAWPRINT  
BADGES**

# Summer Challenge



**The second installment of our Seasons collection!**

From picnics in the park to home-made ice cream... Pop your sunglasses on and enjoy the summer sun with 40+ activity ideas to fill your longer days.

For even more programme ideas check out our 'Summer' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>							<b>Craft</b>	<b>Food</b>	<b>Games</b>	<b>Other</b>	<b>PICK</b>
<b>Age 5 - 7</b>											
<b>Age 7 - 11</b>		+									
<b>Age 11 - 14</b>		+									
<b>Age 14 - 18</b>		+									
<b>Age 18+</b>		+									

**Leaders, Teachers & Parents**  
Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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# Craft

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- ☀️ Make a model of the Earth and Sun to show why summer has longer days.
- ☀️ Craft your own rosette to award at a summer sports day.
- ☀️ Build something using ice lolly sticks.
- ☀️ Summer is the hottest season. Create a temperature chart to record the highest temperature each day.

Here's an idea!

Why not create a graph or colour code to see how the temperature changes over a week, month or even the whole season? For an extra challenge, have a go at crocheting a temperature blanket.

- ☀️ Take advantage of the sunny summer weather and go outdoors to make a large scale painting.
- ☀️ Create your own chalk drawing on a footpath.
- ☀️ Did you know that the frisbee started as a game of catch with a pie tin? Use a foil pie tin to make something useful or decorative, like these American students in the late 19th century.
- ☀️ Make your own frisbee from two paper plates.
- ☀️ Use mirrors or shiny materials for a craft of your choice.

Why?

Midsummer Boulevard in Milton Keynes is designed so the sun shines straight down the road as it rises on the summer solstice; with the sunrise reflected in the mirrored glass of the train station at the other end.

- ☀️ Put together your own sun catcher for the long sunny days with our free Summer Sun Catchers resource.
- ☀️ Craft something for an occasion that happens or is celebrated in the summer such as 4th July, the King's Official Birthday or your local carnival parade.
- ☀️ The summer Olympic games take place every four years. Have a go at designing your own medals. Why not award your medals to the winners of your Games challenge mini-olympics?
- ☀️ Assemble a paper fan to cool you down on the hot summer days.



# Food

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- ☀️ Make a dessert using summer fruits such as strawberries, raspberries, blackberries, cherries and peaches.
- ☀️ Preserve your summer fruits for the winter months by making your own jam or conserve.
- ☀️ Enjoy the warmer weather with a picnic.
- ☀️ Have a go at cooking on a barbecue and get ready to host your friends, family or neighbours this summer.
- ☀️ Did you know that July is the most popular month for ice cream and ice lollies? Have a go at making your own.
- ☀️ What's your favourite flavour or type of ice cream? Taste test some frozen treats to help you decide.
- ☀️ Enjoy some strawberries with cream, just like the Wimbledon delicacy.

## Did You Know?

Around 1.92 million strawberries and 445kg of raspberries are consumed during the Wimbledon tennis tournament each year, and a total of 7,000 liters of cream!

- ☀️ Visit your local farm to pick your own summer fruits. Alternatively, find out if you know anyone that grows their own, but remember to ask their permission before picking their fruit.
- ☀️ Summer is the time to pick the carrots, lettuce, radish, spinach and tomatoes you planted in the spring. Put these together to make a seasonal salad.
- ☀️ Compare your home grown vegetables with some shop bought equivalents. How are the shapes, colours, sizes and flavours different? Which is better?
- ☀️ Make a summer soup from seasonal vegetables.
- ☀️ Plant your rocket, cucumbers and lettuce for your Autumn harvest.
- ☀️ Cool off in the hot summer weather by enjoying some refreshing watermelon slices or fruit kebab sticks in the shade.
- ☀️ Whip up some refreshing summer drinks such as lemonade or some healthy smoothies, and have a go at combining different fruits flavours. You could even write out your favourite recipe for your Other challenge!



# Games

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- ☀️ Every summer solstice, an amateur basketball game is played at Growden Memorial Park in Alaska. Take part in your own game of basketball or, for an extra challenge, host your own 'Midnight Sun Game' on the summer solstice.
- ☀️ Play 4th July Bingo with our free resource.
- ☀️ Frisbee is a classic summer game. Play with your friends, family or group.
- ☀️ Wimbledon is a British summertime staple. Have a game or two of tennis with a friend. Alternatively, practice bouncing, balancing and serving tennis balls with a racket.
- ☀️ The Summer Olympic Games happen in this season. Host or take part in your own mini-olympics.
- ☀️ Have a go at a sport that features in the Summer Olympics. Why not try something that you've never tried before? If you keep practicing, maybe you'll be an Olympian one day...

## Did You Know?

The Paris 2024 Olympics will be the first time that break dancing, or "Breaking" will be featured in the summer games.

- ☀️ Get outdoors and play some garden games such as boules, hoopla or a giant version of four in a row.
- ☀️ Cool down in the hot summer weather with some water based games. We'd suggest completing these outside and having a towel handy!
- ☀️ Fill your summer holidays by playing street games like hopscotch with your friends or neighbours.
- ☀️ Go head to head with some traditional school sports day races. Why not start with a sack race or an egg and spoon race?
- ☀️ Mark the longest day of the year with our Summer Solstice Nature Walk resource. What will you find while you're outside?
- ☀️ Enjoy the warmer weather with one of our Scavenger Hunt resources. Alternatively, why not see if you can find every colour of the rainbow outside with our Colour Hunt Colour Wheel resource?
- ☀️ Have a go at some traditional summer fete games such as pick a lolly or a buzzer wire challenge.



# Other

- ☀️ Set up an outdoor cinema and enjoy a film.
- ☀️ There are more thunderstorms during summer than in any other season. Find out why this is the case.
- ☀️ Work out the temperature from cricket chirps.

How?

Count how many you can hear in 25 seconds. Then divide this number by 3, and add 4 to approximate the temperature in degrees Celsius.

- ☀️ Did you know that on hot days during the summer, the Eiffel Tower grows by up to 17cm because the iron expands. What else expands in the heat?
- ☀️ Hold a beach party. If you don't live near the beach, why not host a beach themed party from home?
- ☀️ Celebrate the summer solstice. Why not complete your Litha Challenge too?
- ☀️ Find out what people mean when they say "dog days of summer".
- ☀️ When are the school summer holidays around the world? How do different countries' dates compare to your school's, and can you work out why?
- ☀️ How much time can you spend outside during your summer holidays? Why not count your hours with our Time Outside Tracker resource and see how many milestone badges you can earn over the six weeks?
- ☀️ Celebrate a public holiday that falls in summer.
- ☀️ The Perseids meteor showers can be seen in July and August. Have a go at spotting them this summer.
- ☀️ Find out the difference between astronomical and meteorological seasons.
- ☀️ Hold a festival at home to celebrate the summertime.
- ☀️ Enjoy the summer weather by going for a day out with your friends, family or group. Do you have a local museum or park that you could visit?
- ☀️ Plan a summer holiday for your family. How much will it cost, what will you see and what do you need to take with you? Why not look for a travel guide in your local library to help?

## Adventure Complete?

Reward your young adventurers with their Summer Challenge badge to mark **their achievements!** Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made **memories?** Then it's time to create a **keepsake!** Our Pawprint Family camp blankets are the perfect place to sew your **badges** and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



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