PAWPRINT \*\*BADGES

# Spring Challenge



### First up in our Seasons collection!

From fresh Springtime blooms to April showers and spot of Spring cleaning...
Get ready to get those feet springing into even more adventures!

For even more programme ideas check out our 'Spring' board over on www.Pinterest.com/PawprintFamily

# #AdventureForAll

www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



# \*PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

# \*PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

# \*PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

# \*PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!

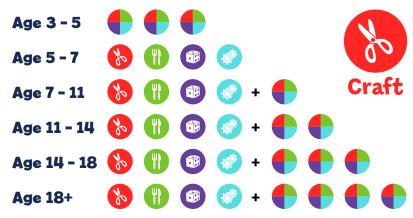




# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided in to 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:









Food Games

#### Leaders, Teachers & Parents

Award yourselves a badge for supporting your young adventurers in their activities!

### TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

### Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
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- Lots of flowers such as Daffodils, Tulips, Crocuses, Lily of the Valley and Irises bloom in Spring. Craft your own Springtime flower(s) from materials of your choice, such as paper or crochet.
- Have a go at flower arranging.

#### How?

Use spring flowers to make a pretty posy, or alternatively make a small arrangement in an up-cycled jam jar or tea cup. The results look really pretty and you could count this craft for your Mother's Day Challenge too.

- Insects such as butterflies and bees pollinate the flowers during Spring.

  Create your own bee by recycling an egg carton. Why not add some furry pipe cleaners to make the legs and antennae?
- Paint some beautiful butterflies by adding paint in dots to one half of a piece of paper then folding it in half.
- Recycle a plastic bottle into a rain gauge to measure your April Showers.

#### How?

Remove the lid and cut the top section of your bottle off. Turn it over and place back in the bottle to act as a funnel. Using a ruler, mark 1cm increments (or more if you'd like to be more accurate) up the side of the bottle. Then, leave your gauge outside to collect the rainfall and measure it each day. Don't forget to empty it once recorded!

- Make your own pretty blossom tree by sticking scrunched pink and white tissue paper onto a paper tree shape. Why not split your tree into four sections and depict the changing seasons?
- Seeing sheep with their lambs in the fields is usually a sign of Spring. Why not make your own woolly friend from cotton wool or even clay?
- Put together a wreath or flower crown to celebrate the new life that Spring brings. Why not hang your wreath on a door or wear your crown to a party?

#### How?

You could collage some flowers onto a circle of card, wrap some wool around a curtain loop and decorate with sequins, or even learn how to arrange some fresh flowers.

Paint a Springtime scene. Why not use vegetables to print your flowers? You could carve potatoes, or the ends of celery sticks make great petals!

# T Food



- 'April Showers bring May flowers' and encourage the worms to surface.

  Decorate a cake with some fondant flowers and jelly worms. Why not make some edible soil too by crumbling some chocolate cake or biscuits?
- Rake some bread in the shape of a flower or tree.
- Sew some seeds in Spring and have a go at growing your own vegetables. Find out when they're likely to be ready for harvest and plan some seasonal meals for later in the year.
- \* Make some nest shape treats with chocolate and cereal. Why not add some little chocolate eggs too?

#### Why?

Spring is nesting season for most birds so you might see or hear them in the trees. Bird eggs only take a few days or weeks to hatch so by the end of Spring, there will be lots of young fledglings leaving their nests.

- Put together a bird feeder for your garden. Look for the Bird Feeder resource on our website to get you started.
- Remember to eat your greens! Lots of vegetables are in season in Spring, but particularly cabbage, broccoli and asparagus.
- Try some rhubarb or gooseberries if you've never tasted them before. Why not make a crumble or some jam from these seasonal Springtime fruits?
- 🔭 Make an edible Spring scene.
- 🔭 Spring is all about new life and things growing. Grow some cress.

#### Here's an Idea!

Use old tights, a plastic cup, a recycled tin can or an egg shell to grow your cress. Why not draw a face on the front and make it into a cress head?

- Assemble a bouquet or garden of flower-shaped sandwiches. You could even have a different flower shape for each type of filling!
- Rake something sweet with seasonal Spring flavours like honey, rhubarb, apples, pears or apricots.
- Put together a Springtime salad with seasonal ingredients such as spinach, radish, lettuce, cucumber, carrots and spring onions.

- Hibernating animals reemerge in Spring. Have a game of Hedgehogs, or why not play 'Sleeping Bears' as a twist on Sleeping Lions?
- Enjoy the Springtime sunshine and play a game outside. The weather can be changeable so don't forget your waterproofs just in case!
- Go for a walk and look for signs of new life. Why not take on of our Scavenger Hunt resources with you and see who can spot the most?
- \* Play 'Bunny in a Burrow'.

#### How?

One person is the Bunny, another is the fox. Everyone else gets into pairs to make the burrows. The pairs spread themselves around the room making archways/'burrows', these are the safe-havens for the bunny. Essentially it is a game of 'tag' where the bunny is being chased by the fox, however when the bunny runs through/waits in one of the 'burrows' they are safe and cannot be tagged. The bunny cannot be in a burrow for more than 5 seconds.

- Lots of eggs start hatching in Spring as the season brings new life with it. Play a game of Duck, Duck, Goose.
- Find lots of egg themed games in our Eggcellent or Easter Challenge Packs. Why not start working towards one of these too?
- Play 'Fruit Salad' but swap the fruits for: Crocus, Tulip, Iris and Daffodil and for 'Fruit Salad' shout 'Spring Flowers'.
- Take part in a role play game that demonstrates the changing of the seasons and the new life that Spring brings.
- **\*** Play with some springs.

#### Did you know?

Slinky® toys were invented by accident by Richard James, a mechanical engineer who was working out how to use springs to stabilise sensitive equipment at sea? In 1943, he watched as his springs gracefully walked down rather than falling off a shelf.

- \* Make or complete a Spring themed jigsaw puzzle.
- Spring is a time of new starts. Write down some resolutions and seal them in an envelope to open next Spring. Keep them safe and find out if you've completed your goals.



- Plant some daffodil/spring bulbs or some beans. Have a competition with friends to see who's grows the fastest/biggest.
- The Spring Equinox occurs around the 21st March each year as the sun crosses the equator; marking the beginning of Spring in the Northern Hemisphere. Celebrate the Spring Equinox by watching the Eastern sunrise.
- Read or write a Spring themed story.
- Spring is a time for fresh starts. Have a Spring cleaning session and donate some of your old toys to charity so someone else can enjoy them.
- Eggs are a symbol of new life. Complete the 'protect your egg' challenge by looking after an egg for a week. Then try using only a newspaper to protect your egg, and drop it from the top of a step ladder to see if it survives.

#### For Leaders...

Getting each of your young people to take an egg home and look after it for a week is a great way of teaching them about responsibility. You could even set challenges for the eggs like being photographed in the most adventurous/hottest/coldest place.

- Take a trip to a farm and see some new lambs. You might even be able to have a go at feeding them.
- Spring is the season with the most changeable weather. Use our Weather Tracker resource to see how much the weather changes in your area over the course of a month. Alternatively, why not start making a temperature scarf or blanket for your Craft activity?
- Go on a woodland walk and spot spring bulbs emerging. Why not count this towards your Time Outside Challenge?
- Learn how to identify some different species of butterflies, birds or flowers.
- Celebrate one of the many festivals that takes place in Spring each year, such as Chinese New Year, Easter, Beltane or Mother's Day. Find even more in our Spring Term Planner resource.
- Spend some time outside tending to your garden after the frosts and harshness of winter; why not have a go at your Gardening Challenge badge?
- Find out some facts about the bouncy type of spring. How are they made, what are they used for and how do they work?

### Adventure Complete?

Reward your young adventurers with their Spring Challenge badge to mark their achievements!

Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



### Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold...**the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



### **Even More Rewards!**

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

