PAWPRINT BADGES

Walking Challenge

WALKING

Every adventure begins with a single step...

Get ready to explore and get outdoors with the Walking Challenge as we step, skip, hop and jump in to a world of new adventures!

For even more programme ideas check out our 'Walking' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll www.PawprintFamily.com

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Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!

* PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

* PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

SPAWPRINT TALES

Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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@pawprint family

HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided in to 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:



TOP TIPS

- 🛟 Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- 🛟 Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- Cne challenge badge can take as long as you like; from a few hours to days or even a full term!

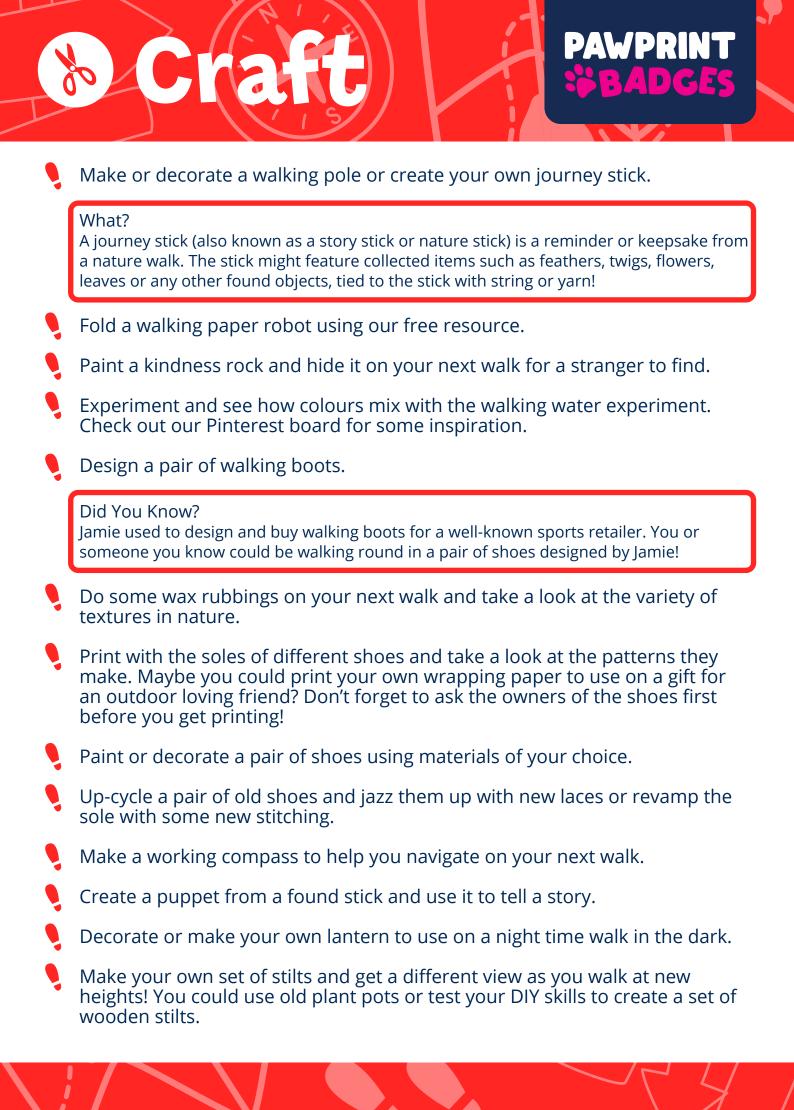
Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

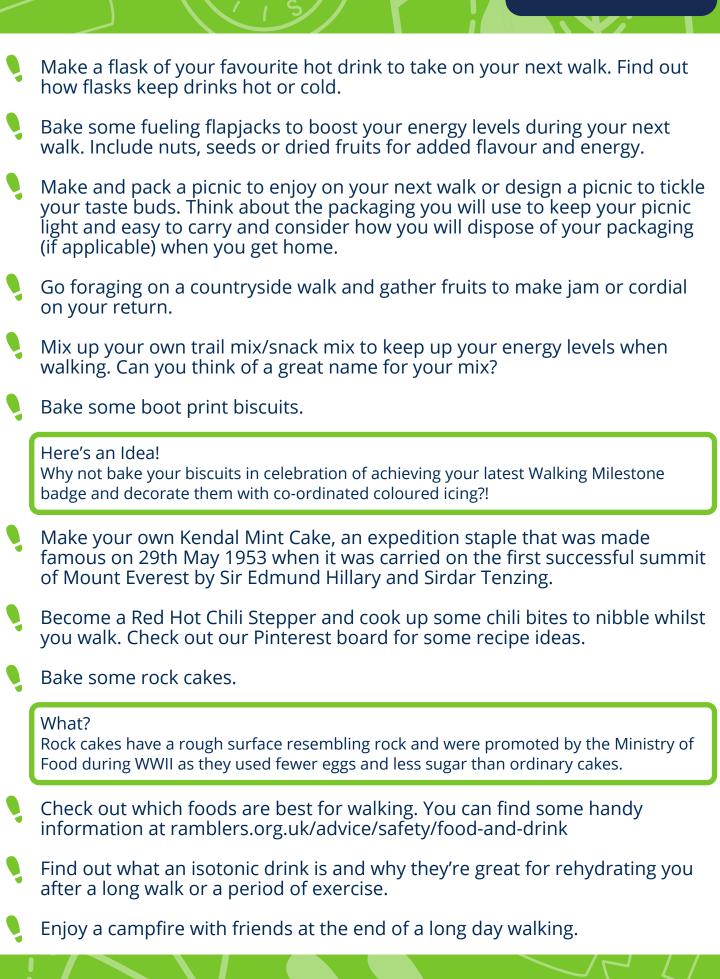
Please Do	You May Not
Use this resource with your young adventurers.	Redistribute or sell this resource in any way, shape or form.
Direct people to this resource online by sharing our website links.	Upload this resource to a website for download.
Tell your friends/family/colleagues about us!	Copy or modify any part of this resource to share with others either for free or for sale.
Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

If you are unsure or have any questions about these terms of use please email info@pawprintfamily.com

> You can view the extended terms of use on our website www.pawprintfamily.com/terms-conditions

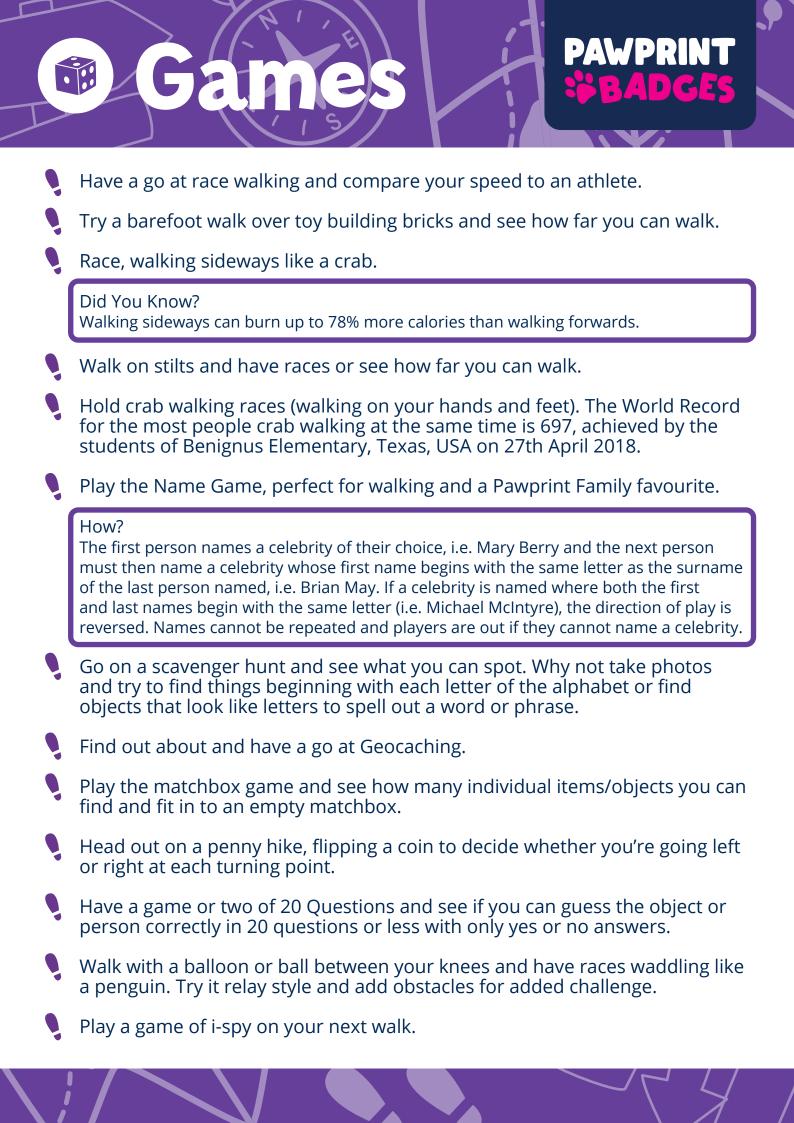


Food



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Cother

Head out on a walk each day for a set length of time. A short walk each day has the ability to increase productivity by up to 30%. Track your steps and count the kilometers using our tracker so you can earn those milestones.

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- Join a local walking group.
- Identify opportunities to walk in your everyday routine and try to increase the number of steps you're doing each day.
- Create a playlist to get you motivated and share it with friends and family.
 - Try slack lining or tight rope walking.
- Take part in a walk for a charity of your choice.
- Set up a nature table after your next walk and share your found treasures with friends and family.
- Start a walking journal to record what you see, hear, smell and experience whilst out on your walks. Keep your journal over a period of time and see if there are any patterns. Use our resource to get you started.
- Walk at different times of day and night and see how your experience changes. Do your senses perceive things differently at different times of day?
- Did you hear the joke about the mountain? We couldn't get over it! Share funny walking puns and jokes with friends and family on your next walk. Can you think of any jokes of your own?
- Check out some famous walks, trails or pilgrimages. Plan a trip to walk one of them or travel to your nearest trail and walk some or all of the distance.
- Learn how to map read and navigate using different methods.
- Discover how to purify water when out and about on walks.
- Build a shelter to keep you dry and learn some basic survival skills.
- Make signs on the ground for others to follow using stones, sticks or other natural materials. Can someone follow your signs from a start point to an end point? Check out our Pinterest board for some basic tracking signs.
- Research and find out some fun facts about walking and share them in a fun and interactive way with friends and/or family.

Adventure Complete?

Reward your young adventurers with their Walking Challenge badge to **mark their achievements**! Head to the website to bag yours, download certificates and discover even more adventures!



Experienced **adventure**? Made **memories**? Then it's time to create a **keepsake**! Our Pawprint Family camp blankets are the perfect place to **sew your badges** and look back on them for years to come.

Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are **big, bright and bold**...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?

Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of **free activity ideas** and resources you'll find **loyalty stickers** in every order and you can claim Children's University learning hours too!

Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

Scan me!







WALKING

