

# Sweets Challenge



**It's time to satisfy your sweet tooth!**

Get creative with sweet wrappers, bake retro sweet recipes and try some super sweet science experiments. These activities are sure to come in candy...

For even more programme ideas check out our 'Sweets' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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# PAWPRINT BADGES

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**[www.pawprintfamily.com/terms-conditions](http://www.pawprintfamily.com/terms-conditions)**












# Craft

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-  Create a collage with a mix of coloured wrappers from soft and boiled sweets. The best part is, you get to eat the unwrapped sweets!

## Did you know?

The World Record for the largest collection of sweet wrappers is currently held by Milan Lukich Valdivia, who has collected a total of 5065 different wrappers over 32 years!



-  Have a go at making a sweet bouquet. Collect together a mixture of sweets and tie them together with a beautiful ribbon. Want to gift your bouquet to someone else? Go all out and display your sweets in a flower bouquet box.
-  Design and draw your very own sweet! What kind of sweet would you like to see on the shelves? Use our free resource to get creative and think up a name, taste, design and colour for your sweet. Fancy even more fun? Have a go at designing packaging for your unique sweet too.
-  Sun catchers. Tape transparent multi-coloured sweet wrappers together in a pattern of choice and hang in the window to catch the sunlight. Check out our 'Sweets' Pinterest board for inspiration.
-  Use junk modelling to make giant 3D sweet sculptures. Why not transform a cardboard cereal box into a large drumstick lolly, or a toilet roll tube into a giant dolly mixture? The opportunities are endless.
-  Create a bunch of edible sweetie flowers by gluing smarties or skittles onto the flat side of a marshmallow with icing. Present them on a green skewer for a garden of flavoursome flowers or eat them on their own.
-  Make your own skittle paint by dissolving skittles in warm water over a few hours and then paint away. Make sure you sort the colours into separate bowls so that the colours don't mix. Don't taste the rainbow, paint the rainbow!
-  Create a mosaic out of a bag of skittles. A quick and easy after-tea activity that will get your creative juices flowing and can be enjoyed as a tasty sweet snack once finished.
-  Sugar art... like sand art but you can eat it! Make your own coloured sugar with extra fine granulated sugar and a few drops of food colouring, adding a drop at a time. Spread the sugar out on grease-proof paper for a few hours before displaying multiple sugar layers in a transparent plastic or glass jar.
-  Plait together strands of different coloured sweet laces or cables to make your very own edible friendship bracelets, necklaces and more jelly jewellery.








# Food

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-  Gelatin in it win it! Make your own homemade jelly sweets using only water, gelatin, sugar, oil, and a fruit juice of your choice. Find some recipes on our 'Sweets' board on Pinterest.
-  Get sticky with edible Starburst Slime.





## How?

Transform these tasty treats into edible slime by melting a pile of each separated Starburst colour over the top of boiling water. Place the sweets onto a dusted powdered sugar surface, let them cool for 5 minutes and then knead the melted sweets together with a powdered sugar and cornstarch mixture. Stretch and knead the slime until it is stretchy and no longer sticky.

-  An old traditional sweet transformed into a dessert. Try a deconstructed bowl of rhubarb and custard. Make this dish into a sweet breakfast treat by topping with a sprinkle of honey granola.
-  Put together your own rainy day sweet jar full of your favourite sweets. Then next time you're stuck inside because of the awful weather, get your jar out for an instant pick-me-up. Just a skittle something to sweeten up your day.
-  Use a silicone mould to create your own homemade lollipops, using flavours of your choice. Check out our 'Sweets' board on Pinterest for recipe ideas.

## Did you know?






The largest lollipop in the world was made at Candies Lollypop Factory in Burlingame, California. Weighing at a massive 7,001,881 pounds, this gigantic lollipop is 5 feet and 11 inches tall! Would you try to tackle it?!

-  Sweet-za Pizza. Create a sweetie pizza with toppings of your choice. Why not use peanut butter as your pizza base, and shaved chocolate as your cheese?
-  Make your own Turkish Delight and dip in milk chocolate for extra flavour. Find recipes for this tasty Turkish treat on our 'Sweets' Pinterest board.
-  Find a recipe online and make your very own jelly beans. Why not mix and match colours and flavours to confuse your family and friends? Would you try a green, orange-flavoured jelly bean?!
-  Make a pinata cake. Bake a large cake of your choice, top the bottom layer with a mound of sweets and place the last layer of cake on top. Decorate as you wish and enjoy cutting into your cake to watch the sweets tumble out! Smarties, skittles and M&Ms work best for a tumbling treat-filled cake.







# Games

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-  Sweet Bingo. Create your own bingo cards for a theme of your choice and use sweets to mark off your card instead of counters. Avoid sugar-coated sweets, they could get a bit messy...
-  Strawberry Lace Limbo... Tie 5 or 6 strawberry laces together in a line, hold taut and limbo to some party tunes. Bend as far as you can without touching the sugary strawberry string. How low can you go?
-  Guess the amount of sweets in the jar. This classic game never gets old! Fill a glass or plastic jar to the top with sweets and record how many sweets you think are in there. The closest person wins the jar!
-  Who doesn't love filling their mouth with sweets until they can longer talk?! Play a game of chubby bunnies by fitting as many marshmallows as you can in your mouth at one time. Don't forget to say 'chubby bunnies' every time you add another marshmallow.
-  Test your throwing skills with a game of sweet toss!

## How?

Give each player a different coloured sweet (wrapped boiled sweets are best). Each player takes it in turns to toss one of their sweets into a jar or bucket from a set distance. The player who gets the most sweets into the container wins the loot! Make the game more challenging by moving the start line further away from the container. Alternatively, make it easier by moving the start line closer to the bucket.

-  Fill a washing up bowl with ice and tip a handful of jelly beans in. Take it in turns to pick the jelly beans out of the bowl as fast as you can. Give yourself a real icy challenge by picking up the beans with a pair of tweezers instead. The slower you pick, the colder you get, so pick quickly!
-  Make or buy a piñata filled with sweets and hang it just above head height. Take it in turns to whack the piñata with a stick until it rains sweets! Fancy more of a challenge? Wear a blindfold whilst whacking so that it makes the piñata harder to hit.
-  The Lace Race! Lace up a pair of trainers as quickly as you can with a strawberry lace. To make this game slightly easier, cut the laces so that there is less lace to thread through the trainers.
-  Play a game of pass the parcel with sweets hidden in every other layer. Fill every layer with sweets for little ones to avoid disappointment, and don't forget to have a super sweet surprise in the centre as the last person unwraps a layer!



# Other

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-  Dancing gummy worms. Coat your thin worm slithers in a water-baking soda mix for 15 minutes, then add them to a cup of vinegar. Watch them dance and wriggle in the vinegar, forming bubbles and having a real good boogie!
-  Visit a local sweet shop and treat yourself to your favourite confectionary. You can't go wrong with the old classic retro sweets...
-  Collect a range of different sweets and test if they float or sink. Create a results chart to record your findings and explore whether size, density and weight have an impact on how floatable each sweet is.
-  Discover and explore a range of confectionary from around the world. Did you know? Rice candy is a well-loved Japanese sweet that was curated in 1924. It consists of a jelly like sweet with a chewy centre and a rice paper exterior.
-  Science with skittles - a delicious rainbow diffusion experiment. Arrange skittles around the outside of a plate in a circle (not too close to the edge) and pour warm water over the top. Watch the rainbow of colours spread across your plate in seconds! Why not experiment with the temperature of the water or use giant skittles instead? Does it slow the diffusion process or speed it up?
-  Read Roald Dahl's 'Charlie and the Chocolate factory' whilst tucking into a bowl of your favourite sweeties.
-  Visit the oldest sweet shop in the world in Pateley Bridge, North Yorkshire, which was established in 1827! After achieving a world record in 2014, The Oldest Sweet Shop has been visited by famous people and boasts a large selection of old fashioned, retro and luxury confectionary to get your teeth stuck into.
-  Grow your gummy bears! Check out what happens when you put gummy bears into different liquids such as milk, salt water and vinegar. Head over to our 'Sweets' Pinterest board for some sweet science experiment ideas. Don't forget to record your results, take photos and tag us on social media!
-  Use sweets to learn about space. Connect mini marshmallows together with cocktail sticks in the shape of each constellation. Why not build your own marshmallow rocket ship whilst you're at it?
-  Sign up to a sweet making workshop near you. Learn about the history, process and flavourings of their sweets. It sure is an activity to get your sweet-tooth stuck into...

## Adventure Complete?

Reward your young adventurers with their Sweets Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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