

# My Safe Bubble

Inside this speech bubble, draw all of the adults you trust and know are safe for you to speak to. These may be people such as your parents, your teacher, a leader, etc.

Cut me out!

? Auntie ?  
Mum ? Dad



**Here's an Idea!**

Not the best artist?

No worries! Why not write  
the names of your trusted  
adults instead?

# NSPCC

Stick your speech bubble somewhere you will see it daily to  
remind you that there is always someone safe to speak to!

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

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