

# Master Chef Challenge



## Nacho average Master Chef Challenge Pack...

Grab a fork and dig into some fun-filled food activities. Time fries when you're having fun!

For even more programme ideas check out our 'Master Chef' board over on [www.Pinterest.com/PawprintFamily](https://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](https://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint\_family

# HOW TO: Use Your Mini Challenge

**PAWPRINT  
BADGES**

This Mini Challenge has been created as a condensed version of our standard challenge packs, still the same amount fun and adventure but half the size! As with our Challenge Packs it has been divided in to 4 sections and we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>	  					
<b>Age 5 - 7</b>	   					
<b>Age 7 - 11</b>	   	+				
<b>Age 11 - 14</b>	   	+	 			
<b>Age 14 - 18</b>	   	+	  			
<b>Age 18+</b>	   	+	   			

  
**Craft**

  
**Food**

  
**Games**

  
**Other**

  
**PICK**

**Leaders, Teachers & Parents**

Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

-  Adapt activities as necessary to meet your needs.
-  Add your own activity ideas or develop them into projects.
-  Use what you have; don't buy in lots of new materials/equipment.
-  No need to send us evidence, responsible grown-ups decide when the badge has been earned.
-  One challenge badge can take as long as you like; from a few hours to days or even a full term!

## Terms of Use

By downloading or purchasing this resource you agree to our terms of use as outlined below. As a husband and wife team we work hard to keep all of our resources and activity ideas available free of charge; we can only do this with your help.

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Share photos of you enjoying your adventures with us on social media.	Use any text, graphics, content or fonts without our written permission.

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# Craft

**PAWPRINT  
BADGES**



Build your own monster out of different fresh ingredients and wooden skewers. Your monster might look scary but it sure will be tasty! You could give him a name, or make a monster out of sweet and savoury ingredients.



Create your own master chef hat out of card and other craft materials.



Try your hand at napkin folding and impress your friends and family next time you have them around for dinner.



Create a master chef masterpiece. Use a variety of utensils, such as spatulas, whisks, graters and other wonderfully shaped utensils to paint and print with. Not sure what to use? Fork prints make great flower heads.



Make your own potpurri with dried fruit and spices. Berries, cinnamon sticks, cloves and dried apple will create a sweet smelling scent for your living room or kitchen. Why not use some dried flower petals too?



# Food



Discover different dishes from around the world. Don't forget to make them and taste them!



Bring science into your snacks and make some sugar crystal lollies that Heston Blumenthal would be proud of.



Turn up the heat, it's about to get hot in the kitchen... Try different chillies and see how hot you can go. Make sure there's a glass of milk at the ready just in case things get too spicy.



You can't be a master chef without doing some cooking. Make your favourite savoury treat and share with friends.



Keep your cooking simple but fancy by using cookie cutters to cut your sandwiches, fruit and vegetables into interesting shapes.



Find an ingredient you've not used before and use it in a recipe. Was it tasty?





# Games

**PAWPRINT**  
**BADGES**



Table setting races! Who can set the table for dinner the fastest? To make the game harder, add more cutlery that has to be placed in the correct order, or napkins that need to be folded neatly.



Dress in your chef's hat and apron, and get your spatula and frying pan quicker than your partner.



Measure up. See how close you can pour the ingredients to a certain amount in one shot. Use liquids or solid foods such as pasta and rice. You could also use a mixture of jugs and scales to measure with.



Egg roulette... Take turns to drop one of 6 eggs. Be careful, five of them are boiled and one of them is raw. Whoever smashes the raw one loses.



Have a go at your very own Mystery Box Challenge. Guess what ingredients are under the mystery box. Make the game harder by having one dairy, one meat, one veg, and one carbohydrate.



# Other



Take a trip to a professional kitchen or book a master class somewhere to hone your cooking skills.



Watch an episode of your favourite cooking program whilst eating some of your favourite tasty treats.



Write your own recipe and cook your dish in the oven. Rate your dish on texture, flavour, decoration and size. You could even cook against a partner and rate each other's dishes. Would Gregg Wallace be impressed with your recipe?



Find a recipe in a local magazine, newspaper or online and try it out.



Ready, steady, cook! Get the cameras rolling and act out your own cooking show with friend. Why not film it and tag us in it on Instagram or Facebook?



If you opened a museum dedicated to a food, what would it be and why?

## Adventure Complete?

Reward your young adventurers with their Master Chef Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



Subscribe to the **Tribe News** for all the latest adventures direct to your inbox!

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