

Aries Challenge



Aries are always up for a challenge!

The first astrological sign of the zodiac that lies between the 21st March and the 19th April. Are you ready to ram-p up your adventures?

For even more programme ideas check out our 'Aries' board over on www.Pinterest.com/PawprintFamily

#AdventureForAll
www.PawprintFamily.com

Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK – solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



@pawprint_family

PAWPRINT BADGES

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www.pawprintfamily.com/terms-conditions



Craft

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- ✂ Make your very own toilet roll ram with pipe cleaner horns! Check out our 'Aries' board on Pinterest for instructions on how to make yours.
- ✂ Learn how to transform a ram's face out of a paper plate.
- ✂ Aries are said to be pioneers and inventors. Test out your engineering skills and learn what sinks and what floats by making a boat out of natural materials.
- ✂ Try a wool craft of your choice, such as knitting, crochet or felting.

Why?

A ram's woolen coat is often shaved off and used for wool-production. For an extra challenge, why not find out how wool is produced in the UK?

- ✂ Some believe red is the lucky colour of Aries, showing a fiery personality, ambition and sometimes a hot temper... Create a craft of your choice using the colour red. Why not paint a picture showing off the symbol of Aries using only red paint?
- ✂ Create a piece of artwork full of things that make you confident. Aries are said to be a very confident star sign, showing boldness and courage.
- ✂ The zodiac animal of Aries is a ram. Try making ram horns out of party horns, empty toilet paper rolls, masking tape and scissors.
- ✂ Draw out the Aries constellation on a piece of plain paper. Transform the constellation into a picture. What will you create with the Aries constellation?
- ✂ Construct your own big, curly ram horns out of cardboard and tape.
- ✂ Draw or paint the Aries ram.
- ✂ Create an Aries collage or poster full of symbols, colours, pictures and words related to this fiery zodiac sign.
- ✂ Transform a matchbox into something weird and wonderful!

Why?

Aries are said to be energetic and full of life, and can ignite a spark in the life of other star signs.

- ✂ Have a go at using a drop spindle to spin wool into yarn.



Food

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- ✂ Rams are herbivores and typically eat grass, plants and seeds. Create your own plant-based dish using a recipe of your choice. Maybe don't go ripping grass out of the ground to eat though... grass isn't a great choice for humans.
- ✂ Make a dish of your choice using only 6 or 9 ingredients, two numbers believed by some to be the lucky numbers of Aries.
- ✂ Bake a delicious snack, meal or dessert using mainly red ingredients. You could make a strawberry smoothie, a red pepper soup, or a tomato salsa!
- ✂ Aries is a fire zodiac sign. Cook a meal on an open fire outside or flame grill something tasty. Adult supervision is needed for this activity!
- ✂ Put together a fiery dish with a little bit of a kick.
- ✂ Rams are known for their super sturdy horns. Have a go at making a cream horn. Find a recipe of your choice online or head across to our 'Aries' Pinterest board to find a few cream horn recipes.

Did you know?

Some rams have horns that weigh more than all of the bones in their bodies. A set of curled horns can weigh up to a massive 30 pounds! Imagine carrying that around with you all day...

- ✂ The brightest star in the Aries constellation is said to be 'Hamal', the Arabic word for 'lamb'. Cook a dish of your choice using lamb or ingredients associated with lamb, such as food grown on farms.
- ✂ Decorate a batch of cupcakes with the Aries symbol.
- ✂ A ram's horn is usually curly in nature. Enjoy some curly crisps or curly chocolates. You could even cook up a pasta dish using fusilli to represent the famous Aries horns.
- ✂ Hold a feast within the dates of the Aries (21st March - 19th April) and use a cornucopia as your center piece to represent a ram's horn.

What?

A cornucopia is also known as 'the horn of plenty'. Although it is often represented as a horn filled with an abundance of food and nourishment, the word cornucopia can be defined as a large amount of something.

- ✂ Make biscuits in the shape of the Aries symbol or a spiral like a ram's horn.



Games

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♈ Aries are said to be full of life and always looking for new experiences. Create your own bingo game of everything on your bucket list. Play a game as you plan how you can achieve them! Find some blank bingo cards on our website to create your own game.

♈ Aries can sometimes be known as physically active and full of energy. Play a game of constellation station! A great team game to test physical fitness.

How?

Place white cones out in the shape of the Aries constellation and a different coloured cone 1 metre away from the first white cone - the coloured cone will be the 'space station'. Go head to head in a ball skills challenge to see who can weave their ball in and out of their constellation, and back, and return to their space station the quickest. Make the game easier by taking out the ball and asking the team players to run in and out of the constellation cones instead.

♈ Channel the adventurousness of an Aries and make an obstacle course and go head to head to see who can complete it the quickest.

♈ Race to re-create the Aries constellation out of string and cotton balls. Take on the challenge with a friend or try to beat your own personal best by timing yourself each time.

♈ Take part in a scavenger hunt where you have to find 6 or 9 of every item on the list - items like socks or grapes are good for large amounts. Compete with a partner or work as a team to complete your scavenger hunt.

Why?

6 and 9 are supposedly lucky numbers for an Aries. Some Aries use these numbers as often as possible to attract positivity and good luck.

♈ With the lucky numbers in mind, here's a great game for a keen mathematician. See how many multiples of 9, or of 6, you can write down without a calculator - no cheating please! Keep going until your brain just can't think of anymore!

♈ Some people believe that Aries can be courageous, confident leaders. Play a game of 'follow the leader'. What the leader does, you have to do too.

♈ Heard the sheep! Or rams... Drop a pile of marbles out onto the floor from a safe distance and herd them back into a box as quickly as you can.

♈ Download our free 'Aries Unsc-ram-ble' resource for tricky word scrambles.



Other

- ✎ Aries is said to be the first sign of the Zodiac and is governed by the planet Mars. Find out some facts about Mars.
- ✎ Discover which famous celebrities are Aries.
- ✎ Find out what the horoscope for Aries is today or for this week. Are they in for some luck?
- ✎ Head outside on a clear starry night and search for the Aries constellation. Can you spot any of the other zodiac constellations too? Use a telescope if you have one or simply search the sky with your eyes.
- ✎ Learn some facts about the first sign of the zodiac, Aries. Discover facts online or visit your local library to find and read some non-fiction books.
- ✎ Look into the Greek myth of 'The Golden Ram and the Golden Fleece'.
- ✎ Discover how many different types of ram there are in the world. For an extra challenge, try to find their native location on a globe or map and mark them up.
- ✎ Rams are male bighorn sheep. Enjoy singing 'Baa Baa Rainbow Sheep' or any sheep-themed song.
- ✎ Aries are said to be the adventurous type. Write your own story about being adventurous, purposeful and full of life. Why not make the main character in your story a ram?!
- ✎ Rams can often be found living in the mountains. Take a walk up a mountain. Try a local mountain or head out for the day to reach new heights elsewhere!
- ✎ Take a trip to a local zoo or farm and see some rams/sheep in real life. Whilst you're there, why not find out how they're cared for.
- ✎ Learn how to light a fire with adult supervision. Aries is a fire sign. You could tie this activity in with your food activity and cook food on the fire.
- ✎ Head to <https://www.nationalgeographic.com/animals/mammals/facts/bighorn-sheep> to find out more about rams.
- ✎ The name Aries is Latin for "ram." Discover other words in Latin. For example, how do you say 'red', 'constellation' or 'stars'? Is your name Latin?!
- ✎ Discover the personality traits of an Aries. Are they similar to yours?

Adventure Complete?

Reward your young adventurers with their Aries Challenge badge to mark their achievements!

Head to the website to bag yours, download certificates and discover even more adventures!



Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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