

**PAWPRINT  
BADGES**

# Wedding Challenge



**From bouquets and button holes to cakes and custard pies!**  
A wedding is a beautiful thing, and they're different around the world. It's time to celebrate with your young people as you take on... the Wedding Challenge!

For even more programme ideas check out our 'Wedding' board over on [www.Pinterest.com/PawprintFamily](http://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](http://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



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# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>							<b>Craft</b>	<b>Food</b>	<b>Games</b>	<b>Other</b>	<b>PICK</b>
<b>Age 5 - 7</b>											
<b>Age 7 - 11</b>											
<b>Age 11 - 14</b>											
<b>Age 14 - 18</b>											
<b>Age 18+</b>											

**Leaders, Teachers & Parents**  
Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

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# Craft

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- ♥ Create your own wedding outfits, i.e. toilet paper wedding dresses.
- ♥ Make a beautiful paper bouquet.

## Did You Know?

In the 1500s June was the most popular month for weddings as annual baths were usually taken in May. Brides began carrying fragrant herbs and flowers to mask their body odour. The herbs were also thought to ward off evil spirits.

- ♥ Try your hand at henna designs which are a tradition in Indian weddings.
- ♥ Make your own wedding favours, traditionally a bag of 5 sugared almonds to represent the 5 blessings of; health, wealth, happiness, long life and fertility.
- ♥ Create your own table centre or flower arrangement.
- ♥ Try your hand at carving and create a Welsh Lovespoon.
- ♥ Write a love song or poem.

## Why?

La Serenata is an Italian wedding tradition. The night before the wedding the groom will serenade the bride from outside her window in celebration of their wedding. Sometimes the bride will lower down a basket of gifts (usually bread and cheese) as a way of accepting the proposal!

- ♥ Lace is traditionally used on wedding dresses. Try your hand at lace making.
- ♥ Wedding rings symbolise infinity as the circle has no beginning or end. Try silver-smithing and make a ring.
- ♥ In Japan, brides were originally painted head to toe in white to declare her maiden status to the Gods. Try your hand at face painting.
- ♥ Some Moroccan weddings last for seven days. Brides prepare themselves for the festivities with a relaxing milk bath. Make your own bath soak or bath 'bomb' for your own lazy soak.
- ♥ Make an activity bag to keep you or a younger friend/family member entertained at the next wedding you attend. What little games etc. could you create for them to complete that won't interrupt the happy couple's day?
- ♥ Create a beautiful seating plan for your next party or family meal.



# Food

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- ♥ Make a wedding cake on a budget! Can you create a multi-tiered masterpiece with only £10?
- ♥ Cook up some canapes. No cooking facilities? There's plenty of cold options available think smoked salmon blinis and melon balls!
- ♥ Make a recipe using honey.

## Why?

The term honeymoon takes its origins from the 5th Century when newly married couples would be given enough mead (honey based alcohol) to last a month. Back then months were calculated based on the lunar (moon) cycle so the period, known as the 'honey month', soon became the 'honeymoon'.

- ♥ Have a go at baking Lavash flat-bread, given to newly married couples in Armenia.
- ♥ In 17th Century 'Bride Pie' was more common than cake. Baked with a glass ring inside, whoever found the ring was said to marry next. Make your own pie, sweet or savoury.
- ♥ Rice is thrown at some weddings, make a dish using rice, ie. risotto.
- ♥ Make your own wedding ring... doughnut! Try frying your own or decorating plain doughnuts with a wedding theme.
- ♥ Bake or decorate your own 'Kransekake'.

## What?

A layered, cone-shaped cake made from almonds, sugar and egg-whites. Traditionally eaten at weddings in Norway it can be traced back to 18th Century where it was created by a baker in Copenhagen.

- ♥ In order to set a wedding date in Mongolia the bride and groom to be must (together) kill and gut a chicken. Try butchering a chicken and cooking a dish.
- ♥ Design a wedding cake, what flavour and decorations will you choose?
- ♥ Taste test some 0% alcohol or mix your own 'mock-tails'.
- ♥ Discover how different wedding cakes are around the world and have a go at making one or more and compare them.



# Games

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- ♥ Play wedding bingo using wedding key words, i.e. love, bride, rings...
- ♥ Couples in the Congo are forbidden from smiling on their wedding day. Have a staring competition, the first one to laugh/smile loses.
- ♥ The wedding photographer's camera has broken, sketch it out!

## How?

In teams, using only your 'wrong' hand, draw the happy couple. 2 members from each team should play the happy couple while each remaining person gets 30 seconds each to capture the moment on a large sheet of paper. Best 'photograph' wins!

- ♥ Carrying the bride over the threshold was believed to protect her from 'the ground monster' and other evil spirits. Play 'The Floor is Lava'.
- ♥ Have a custard pie fight.

## Why?

In Medieval times cake was thrown at brides as a symbol of fertility. Have fun and throw some 'cake' of your own with squirty cream custard pies.

- ♥ In India the bride's female relatives steal the groom's shoes and hide them in a game called 'Joota Chupai'. Play hide and seek or the shoe swap game.
- ♥ Put a ring on it. Holding a skewer in your mouth and without using your hands, pick up as many rings as you can (these could be metal washers, nuts or ring shaped biscuits).
- ♥ In Russia, Karavay bread is given to the newly married couple. Each takes a bite without using their hands. Whoever takes the largest bite is said to be the head of the new family. Compete to see how much bread you can bite off without using your hands.
- ♥ In China Sedan chairs are traditionally used to carry brides to the wedding. Create a sedan chair using your arms and transport your team across the room.
- ♥ Play 'Kim's game' (the memory game) covering a selection of wedding related items with a 'veil', i.e. something old, new, borrowed, blue.
- ♥ Garden games are becoming popular at weddings in the UK. Make your own or play an outdoor garden game.



# Other

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- ♥ Find out some facts about wedding traditions from around the world.
- ♥ In China the groom shoots the bride with blunt arrows which are then broken during the wedding ceremony. Have a go at archery.
- ♥ In Holland, a pine tree is planted after the wedding. Plant a tree.
- ♥ Find out where the tradition of wedding rings come from and why they're worn on a specific finger.
- ♥ In Lebanon weddings are celebrated with belly dancing, try it!

For Leaders...

Why not invite someone in to show your young people how to belly dance?

- ♥ Getting married is also known as 'tying the knot', learn some new knots or teach a new knot to a friend.
- ♥ Host a swap night.

Why?

It's traditional for brides to have "something old, something new, something borrowed and something blue" on their wedding day. Swap something old for something new!

- ♥ Have a Stag/Hen Do with your group, remember age appropriate games and no alcohol for under 18s.
- ♥ Play dress up and hold your own wedding ceremony.
- ♥ Every year 12 million girls around the world marry before the age of 18. Find out about child marriage and raise awareness of the issue in your community. Check out: [www.girlsnotbrides.org](http://www.girlsnotbrides.org) for more information.
- ♥ Forced marriage is happening across the UK. Find out how you can help and educate young women in your community.
- ♥ Plan a honeymoon on a budget. Use travel magazines or the internet to plan your journey. Take it further: plan and go on your holiday.
- ♥ Wedding dresses weren't traditionally white until Queen Victoria married Prince Albert in ivory-white in 1840. Before that Brides wore their best clothes which could be any colour. Get dressed in your best and celebrate!

## Adventure Complete?

Reward your young adventurers with their Wedding Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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