

**PAWPRINT  
BADGES**

# Biscuit Challenge



**61% on the UK have a biscuit tin! What do you have in yours?**  
Bought by 27 million households and eaten on 6 billion occasions each year, biscuits were the first food to reach the South Pole...are you ready to explore?

For even more programme ideas check out our 'Biscuit' board over on [www.Pinterest.com/PawprintFamily](http://www.Pinterest.com/PawprintFamily)

**#AdventureForAll**  
[www.PawprintFamily.com](http://www.PawprintFamily.com)

# Meet the FAMILY

Hi there! We're Charlotte & Jamie, the husband and wife team behind the Pawprint Family and we believe in #AdventureForAll.

It's our mission to help leaders, teachers and parents save time by providing ideas and opportunities to help them deliver everyday adventure and skills for life. We do this through our family of brands; find out more below and head to the website for your next adventure!



## PAWPRINT BADGES

Pawprint Badges provides thousands of free activity ideas and resources to help leaders, teachers and parents deliver fun and adventure.

Every activity helps you share skills for life and is linked to one of our pawesome embroidered badges. Build your collection and celebrate adventures, new skills and knowledge gained.

## PAWPRINT TRAILS

Pawprint Trails are treasure-hunt style walks around locations in the UK. Solve puzzles, track down the answers and explore everything our great country has to offer.

From historical sights to popular culture discover something new or rediscover a love for where you live then collect the badge to remember your adventures!

Whether you're looking for the perfect addition to your next family holiday or a few hours of fun with friends; each trail can be completed in a few hours or extended with our activity suggestions in to a weekend or a week's worth of fun!

## PAWPRINT TALES

Pawprint Tales are fully illustrated stories that can be enjoyed by the whole family. Join Alfie (our fox-red Labrador) on his adventures around the UK - solving puzzles, turning detective and making new friends. With twists and turns, every tale is an opportunity to discover new places, people and history without needing to leave the comfort of your own home.

Enjoy Pawprint Tales alongside your Pawprint Trails or as a standalone adventure!

## PAWPRINT TRUST

Every brand in the Pawprint Family supports the Pawprint Trust with a percentage of profits from every sale providing grants to young people. We're passionate about enabling young people to access life changing adventures.

Share your adventures and join us over on our social channels for even more adventures and a nosy behind the scenes at Pawprint HQ!



@pawprintfamily



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# HOW TO: Use Your Challenge Pack



This Challenge Pack has been divided into 4 sections: Craft, Food, Games and Other. In order to help you provide a balanced and varied programme for your young adventurers we recommend that the following number of activities are completed by each age group:

<b>Age 3 - 5</b>						
<b>Age 5 - 7</b>		<b>Craft</b>	<b>Food</b>	<b>Games</b>	<b>Other</b>	<b>PICK</b>
<b>Age 7 - 11</b>	+					
<b>Age 11 - 14</b>	+					
<b>Age 14 - 18</b>	+					
<b>Age 18+</b>	+					

**Leaders, Teachers & Parents**  
Award yourselves a badge for supporting your young adventurers in their activities!

## TOP TIPS

- Adapt activities as necessary to meet your needs.
- Add your own activity ideas or develop them into projects.
- Use what you have; don't buy in lots of new materials/equipment.
- No need to send us evidence, responsible grown-ups decide when the badge has been earned.
- One challenge badge can take as long as you like; from a few hours to days or even a full term!

## Terms of Use

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# Craft

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- ♥ Build a tower from biscuits. How tall can you make it and which biscuits are the best for building?
- ♥ Design your ideal biscuit.

## Did You Know?

In 2001 a biscuit that had been on board a lifeboat on the Titanic was sold at auction for £15,000 becoming the World's most expensive biscuit! We're not sure it would have tasted so good after all that time...

- ♥ Create your own biscuit packaging. Take a look at existing branding and create an updated version for your favourite tea-time treat!
- ♥ Re-purpose a biscuit tin, what else could it be used for? Decorate it, use it as a plant pot, get creative and let your imagination run wild!

## Why?

Biscuit tins have been used for a variety of things from a travelling garden to grow garlic by a Mongolian chieftain to a coffin for Queen Victoria's son-in-law. Prince Henry, who died in Sierra Leone was brought home in a rum-filled tank made out of biscuit tins!

- ♥ Make miniature biscuits from oven bake clay and turn them in to charms, jewellery or decorations.
- ♥ Have a go at illustrating/drawing your favourite biscuits and print or paint on to fabric, like the designer Nikki McWilliams ([www.nikkimcwilliams.com](http://www.nikkimcwilliams.com)).
- ♥ Build and decorate a gingerbread house.
- ♥ Use biscuit cutters and clay/salt dough to make decorations for around your home or some festive decorations for a Christmas tree.
- ♥ Make your own edible garland or bunting using biscuits, use our free resource to help you - recipe included!
- ♥ Fold your own biscuit box using your origami skills.
- ♥ Make your own Funeral Biscuit wrappers. Funeral biscuits were given in Victorian times in memory of the dead. Each biscuit was wrapped in a commemorative paper with details about the person's life and achievements...how do you want to be remembered? Why not bake your own biscuits for your 'Food' challenge!



# Food

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- ♥ Bake some American style biscuits. Usually savoury and eaten for breakfast, they're more like a scone in size and texture and not what we in the UK think of as a biscuit at all!
- ♥ The first biscuits in Britain were sponge fingers flavoured with aniseed and advertised as a breath freshener. Bake some aniseed biscuits and try.
- ♥ Find a recipe that requires cooking twice and have a go at making it!

Why?

The word biscuit comes from the French 'biscuit' (bis-qui) which has Latin roots meaning baked twice!

- ♥ Bake and enjoy some tea and biscuits. WWII made tea and biscuits into a 'thing' when biscuit manufacturers supplied canteens so essential workers could get their sweet fix alongside rather than in their tea during sugar rationing!
- ♥ Taste test different teas; which one goes best with a biscuit? The Queen prefers a cup of Earl Grey!
- ♥ Bake gingerbread.

Why?

Gingerbread men are modelled on Guy Fawkes! After the gunpowder plot in 1605, biscuit figures sold at fairs became more of a likeness to Guy Fawkes than the Catholic saints they were originally. You could show your support for the Protestant cause by eating the villainous Fawkes!

- ♥ Make a cheesecake using biscuit spread.
- ♥ In 2020 the chocolate digestive was voted the number 1 biscuit. Make them, decorate them or use them to make s'mores, possibly our favourite use for these tasty tea-time dunkers!
- ♥ Queen Elizabeth's favourite tea cake is Chocolate Biscuit Cake. Please tell me we weren't the only one who hadn't heard of this before? Find a recipe and give it a try...it might become your favourite too!
- ♥ Find and make an old biscuit recipe; perhaps one passed down through your family or a historical recipe. Why not link this to one of our History Timeline badges and tick off two challenges with one bake?!



# Games

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- ♥ Create your own biscuit Trumps card game; use our free template for your cards and taste, test and dunk those biscuits for accurate ratings!
- ♥ Name that biscuit! Can you name the biscuit just by looking at the crumbs?
- ♥ Can you identify the biscuits correctly from a blind taste test?
- ♥ 9% of people in the UK have hidden biscuits in their sock draw! Head off on a biscuit treasure hunt, where will be the strangest place you find one?
- ♥ Karate chop those biscuits!

## Why?

In 2012 Elliot Allen set the World Record breaking through 18 digestive biscuits with one karate chop. How do you compare?

- ♥ Make some edible dominoes from Bourbon biscuits or shortbread fingers and have a game or two. Alternatively bake your own!

## Did You Know?

Bourbon biscuits are said to get their name from the French Royal House of Bourbon. However, contrary to popular belief, the name from the 1930s comes from the contraction of the names Bourneville (the place of its invention) and Bonn (hometown of its inventor Dr. Hans Zehnlock). The 10 holes on the biscuit come from the fact that Zehnlock literally translates as '10 holes'.

- ♥ In 1939 McVities produced 370 varieties of biscuit but this had reduced to just 10 in 1945. How many different biscuits can you name?
- ♥ It takes just 7 minutes to perfectly bake a digestive. Test yourself with some minute-to-win-it games and see how many you can win in 7 minutes.
- ♥ Try some edible board games such as scrabble, draughts, etc. Why not count the making and baking as your Food challenge?
- ♥ How fast can you eat a biscuit? Trick question! Tilt your head backwards and place a biscuit on your forehead. Now how fast can you eat it without touching it with your hands?
- ♥ Make your own Jenga with biscuits...will it last long enough to play or will it get eaten first?!
- ♥ Decorate a gingerbread man with your 'wrong' hand or blindfolded!



# Other

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- ♥ Celebrate Biscuit Day on 29th May...that's the same date as Charlotte's birthday! We knew there must be a reason for her love of biscuits!!
- ♥ Experiment: which biscuit is best for dunking?
- ♥ Debate; is a Jaffa Cake a biscuit or a cake? This even went to court!
- ♥ 83% of people would rather have a biscuit and a brew than go out on a date. What's your ideal date? Why not discuss it with a friend over a biscuit and a brew?
- ♥ Discover the history of ship's biscuits.
- ♥ Biscuits were the first food to reach the South Pole with Roald Amundsen in 1911 and a Bourbon biscuit was the first biscuit to be eaten on the moon by Edwin Allen. Take your biscuits on an adventure, where will you end up?
- ♥ On average in the UK we buy 500 biscuits every year per person. Collect 500 (or more) biscuits and donate them to your local food bank.
- ♥ Bake 500 biscuits and sell them to raise money for charity.
- ♥ 45° is the optimal angle for dunking according to McVities food scientist Dr. Stuart Farrimond. Test out this theory in your own experiment.
- ♥ Enjoy a cuppa and a biscuit with friends. Why not take part in a fundraising event like Macmillan Cancer Support's World's Biggest Coffee Morning?
- ♥ Go on a biscuit world tour and discover biscuits from around the world. Have a go at making and then tasting them. How do they compare?
- ♥ Watch an episode of the BBC's *Inside the Factory* and see how biscuits are made.
- ♥ Create an edible biscuit timeline and see how biscuits have changed through the centuries.
- ♥ Find out your own fun biscuit facts and share them with friends and family in a fun way...maybe you could even make them edible?!
- ♥ Alfie, the Pawprint Family pooch, enjoys a biscuit or two (of the dog variety of course!) Have a go at making your own dog biscuits or investigate what goes in to a dog biscuit that's different from a human biscuit.

## Adventure Complete?

Reward your young adventurers with their Biscuit Challenge badge to mark their achievements! Head to the website to bag yours, download certificates and discover even more adventures!



## Create a Keepsake!

Experienced adventure? Made memories? Then it's time to create a keepsake! Our Pawprint Family camp blankets are the perfect place to sew your badges and look back on them for years to come.



## Personalise it!

Got your camp blanket? Then it's time to make it yours! Our alphabet badges are big, bright and bold...the perfect addition to your camp blanket, hoodies, bags and more. What will you personalise first?



## Even More Rewards!

We're all about added value here at Pawprint Family. In addition to the 1000s of free activity ideas and resources you'll find loyalty stickers in every order and you can claim Children's University learning hours too!



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