

Reuse Challenge

Part of the Recycling Collection



Some call it magic, we call it making something old in to something new and giving things a second chance or a new life all together!

The second in the recycling collection (and created in collaboration with Sisters Against Plastic and Victoria Staras) the Reuse Challenge packs in 40+ programme ideas to get you reusing items and turning old in to new...are you ready? Proceeds from this badge go towards helping Scouts and Guides from across the UK take part in lots of adventures via The Pawprint Trust. Thank you for your support!

Suggested challenges for different age groups:

- 5-7 Years : Complete 1 challenge from each of the 4 sections.
- 7-11 Years : Complete 1 challenge from each of the 4 sections + 1 more of your choice.
- 11-14 Years : Complete 1 challenge from each of the 4 sections + 2 more of your choice.
- 14-18 Years : Complete 1 challenge from each of the 4 sections + 3 more of your choice.
- 18+ Years : Award yourself a badge for assisting young people in achieving their challenges.

For even more programme ideas check out our 'Reuse' board over on www.Pinterest.com/PawprintBadges

Once completed head to the website to get your paws on your badges!

www.PawprintBadges.co.uk

Craft

- Upcycle something such as old clothes or furniture.
- Reuse old paper/newspaper and make your own recycled paper.

How?

Tear up old paper and, using a blender, blend it with lots of water to make your pulp. Using a rectangle of fine wire mesh (or similar), place in the bottom of the tray. Mix the pulp around and create an even layer on top of your mesh. Keeping the mesh flat, carefully lift and allow the excess water to drain through the mesh, into the tray. Place the frame in the sun (or somewhere safe) to dry. When dry, iron your paper on the steam setting to flatten it out!

- Use old plastic bottles and fruit containers to print your own wrapping paper and cards.
- Make a bird feeder using an old yoghurt pot.
- Learn how to wrap presents with fabric from old clothes/scarves.

What?

Furoshiki are a type of traditional Japanese wrapping cloth traditionally used to transport clothes, gifts, or other goods. Today they are used mainly for decorative purposes. Find out how to wrap a variety of objects with a cloth.

- Fold some origami reusing old wrapping papers.
- Make bin liners from old newspaper.
- Go on a walk and gather litter/rubbish then make a picture or structure with it. Don't forget your personal protective equipment.
- Make jewellery from old, single use, plastic bottles and other materials.
- Build a robot or have a go at junk modeling with your waste instead of throwing it away.
- Make your own wind-chimes or nature mobiles from found objects/items.
- How many things can you make from an old plastic bottle?



Food

- Reuse an egg shell and grow your own cress head.
- Reuse a tin can as a cooker and make tin can pancakes.
- Turn a drinks can into an alcohol burner and use it to cook a meal or make a hot drink.

For Leaders...

Cutting the drinks cans can be tricky and burning alcohol can be dangerous so do take care and wear safety equipment when necessary. You can find plenty of instructions on the web (or on our 'Reuse' Pinterest board) PLUS it's a great excuse to have a cup of tea/coffee made for you!

- Make ice lollies using old yoghurt pots as moulds.
- Forage for apples and have a go at making your own apple juice.
- Make a meal using only leftovers.
- Install a water butt at home or at your meeting place to collect rain water. Use your collected water to grow your own fruit and veg.
- Collect plastic milk bottles or 1 litre drinks bottles and use them to build a greenhouse.

For Leaders...

Why not involve the community in your project and build your greenhouse on a local allotment? You will need LOTS of bottles to build a big greenhouse so the more people you have, the easier it will be!

- Use old toilet roll tubes to grow seeds instead of using plastic seed starter trays.
- Use your food waste to dye yarn or cloth or make your own food colourings.
- Keep and decorate a plastic bottle and reuse it.
- Extend the life of your home grown foods by making jam or pickles.
- Shrink old crisp packets to make key rings.



Games

- Make origami frogs from old paper and have races with them.
- Go on a litter pick and collect plastic bottles. Wash and clean them out then make them into a set of skittles. Fill each bottle with sand or water.

For Leaders...

This is a great activity at night too. Fill each bottle with water and place a glow stick in each bottle to make them glow in the dark. Reuse the skittles in the daylight once the glow sticks have faded for more fun time after time!

- Roll up sheets of old newspaper and make construction rods. Build the tallest tower you can. For older groups/young people build a tower to support an egg or build a bridge and weight test it.
- Make a parachute from old carrier bags and safely land an egg.
- Build your own tin can alley or coconut shy with used (and clean) tin cans. Why not run it at a local fair or carnival and raise money for a good cause?
- Let's go and fly a kite! Make your own from old plastic bags and give them a new lease of life.

How?

Use garden canes or used straws for the poles of your kite and secure used carrier bags to them to make your kite. Make sure there are no holes in the plastic bag otherwise your kite won't fly. You could even try making your own string.

- Reuse pool noodles to make your own hobby horse and have races with your friends. Alternatively, use your hobby horse to make up a story and act it out.
- Make your own mini table football from an old shoe box, using pegs for players attached to skewers.
- Have a board game night with your old/unused games.
- Plait plastic carrier bags and make your own skipping rope.



Other

- Visit a charity shop and purchase your next party outfit.
- Visit your local library and instead of buying books, borrow them.
- Donate your unwanted toys and clothes to a local charity shop.
- Host a swap night and swap your unwanted toys and games with others.
- Hold a bring and buy sale to raise funds for a charity of your choice.
- Reuse old tea bags by running a bath over them and enjoy a long soak for super smooth skin!
- Reuse old tea and coffee granules as fertiliser for the garden.
- Use blackboard paint to up-cycle jars/photo frames.
- Use an old sheet and make it in to a projector screen for an outdoor movie night with friends.
- Make old clothes and bed sheets in to cleaning cloths and dusters. Run a car wash or take part in a community clean up.
- Many business donate their waste items to scrap stores around the country. Find some local companies and use your imagination to see what you can turn their scrap in to...you never know where your next adventure will be!
- With special thanks to: **Sisters Against Plastic** (Teresa Walters and Mary Strong) and **Victoria Staras** who helped make this challenge pack possible. Sisters Against Plastic went on a 'Plastic Diet' in 2018 and hit the headlines worldwide! Find them on Twitter **@SAPlastic2018** and on Facebook **@SistersAgainstPlastic**. Victoria Staras is a Brownie and Guide leader, a Peer Educator as well as a member of the GENE (Girl Guiding Essex North East) Radio show. She is currently working towards her Queen's Guide Award and running a project as part of Action For Change. Find Victoria on Instagram **@recycle_afc** and Facebook **@recycleafc**
- Tweet us/tag us all in your photos on social media including @PawprintBadges and #AdventureForAll

