

Jump through your own flaming hoop. Tie ribbon tissue paper onto a hula hoop then try jumping through without touching the flames. Crash mats may be needed for a soft/injury free landing!



Age 14 - 18

Age 5 - 7

Age 7 - 11

## Activity details

### This activity counts towards...



- Circus Adventures

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£                      Indoors/Outdoors  
Day/Night

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|---|---|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input type="checkbox"/> 3 - 5            |   |
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|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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### Skills:

- Accountability
- Creativity

### Equipment:

- Hula Hoop
- Tissue Paper