Superheroes rely on super senses. Have a go at an obstacle course relying on your different senses i.e. blindfolded, feet tied together, hands behind your back



Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



• Superhero Adventures

£/Free Day/Night	Indoors/Outdoors
☐ 11 - 14 ✓ 5 - 7 ☐ 3 - 5	✓ 14 - 18 ✓ 7 - 11
✓ Autumn ✓ Summer	✓ Spring ✓ Winter

Skills:

- Communication
- Creativity
- Decision making
- Gross Motor Skills
- Independence
- Listening
- Negotiation
- Observation
- Resourcefulness
- Teamwork

Equipment:

- Blindfold
- Ribbon
- String