## Have a Chinese take-away and try something new!



Age 14 - 18

Age 7 - 11

## **Activity details**

This activity counts towards...



• Spring Challenge

£/££ Night	Indoors
☐ 11 - 14 ☐ 5 - 7 ☐ 3 - 5	✓ 14 - 18 ✓ 7 - 11
☐ Autumn ☐ Summer	✓ Spring  Winter

## **Skills:**

- Communication
- Flexibility

## **Equipment:**