

Be adventurous...take a trip and have a go at diving!



**Age 14 - 18**

**Age 7 - 11**

### Activity details

**This activity counts towards...**



- Octopus Challenge

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£/££

Outdoors

Day

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11 - 14

14 - 18

5 - 7

7 - 11

3 - 5

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Autumn

Spring

Summer

Winter

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### Skills:

- Gross Motor Skills
- Observation
- Resourcefulness

### Equipment: