

# Bend like a pretzel and play Twister



## Why?

Pretzels were originally associated with Easter and were made by German monks to symbolise arms folded in prayer.

**Age 14 - 18**

**Age 3 - 5**

**Age 5 - 7**

**Age 7 - 11**

## Activity details

**This activity counts towards...**



- Easter Bunny

---

£/££	Indoors/Outdoors
Day/Night	

---

- |   |   |
|---|---|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input checked="" type="checkbox"/> 3 - 5 |   |
- 

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
- 

## Skills:

- Gross Motor Skills
- Listening

## Equipment: