

Bees only sting as a last form of defence. Learn some self-defence



Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Bee Challenge

£/££/£££
Day/Night

Indoors/Outdoors

11 - 14

14 - 18

5 - 7

7 - 11

3 - 5

Autumn

Spring

Summer

Winter

Skills:

- Communication
- Creativity
- Decision making
- Gross Motor Skills
- Independence
- Leadership
- Mental Health Awareness
- Problem solving
- Responsibility
- Self motivation
- Teamwork

Equipment:

- Teacher