

Bring in something that is special to you and do a show and tell



For leaders

Relevant questions to ask your young people:

- What have you brought?
- Why did you choose to bring this?
- Is there a particular memory that this item reminds you of?
- Do you think it's valuable?
- Would you sell it/give it away, why?

Age 14 - 18

Age 3 - 5

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Buddy Bag Foundation

Free	Indoors
Day/Night	

- | | |
|---|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input checked="" type="checkbox"/> 3 - 5 | |
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- | | |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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Skills:

- Communication
- Decision making
- Independence
- Mental Health Awareness
- Reasoning

Equipment: