Cut a string of paper hearts and think about what makes a healthy relationship. Write/draw them in each heart

Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...

- Buddy Bag Foundation

£	Indoors
Day/Night	

☐ 11 - 14	☑ 14 - 18
☑ 5 - 7	☑ 7 - 11
☐ 3 - 5	

☑ Autumn	☑ Spring
☑ Summer	☑ Winter

Skills:

- Creativity
- Decision making
- Empathy
- Fine Motor Skills

Equipment:

- Colouring Pens
- Paper
- Pencil
- Pens
- Scissors