

Make some Celtic 'trinity knots' from ready made pastry or bread dough



For leaders

For younger groups use the ready rolled pastry you can buy in the supermarkets or pre-prepare the pastry/dough before the meeting and give clear easy to follow instructions for the knots. For inbetweens get them to make the pastry/dough themselves and give them clear instructions and for older groups get the young people to make the pastry/dough and give them only a picture of the finished knot, no instructions!

Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- St. Patrick's Day

£/Free Day/Night	Indoors
---------------------	---------

- | | |
|---|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |
-

- | | |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
-

Skills:

- Decision making
- Fine Motor Skills
- Imagination
- Observation
- Problem solving
- Research
- Time management

Equipment:

- Butter
- Dried Yeast
- Flour
- Picture of a Trinity Knot
- Ready Made Pastry
- Sugar