

Make some Bara Brith



For leaders

Bara Brith, sometimes known as 'speckled bread' is a yeast bread flavoured with tea, dried fruit and spices. Leaders might need to do the overnight soaking of fruit before meetings but if baked in small tins they'll be done before home time!

Age 14 - 18

Age 7 - 11

Activity details

This activity counts towards...



- St. David's Day

£/Free Day/Night	Indoors
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| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |
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| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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Skills:

- Decision making
- Fine Motor Skills
- Independence
- Organisation
- Research
- Responsibility
- Time management

Equipment:

- Baking Tins
- Dried Fruit
- Flour
- Milk
- Spices
- Sugar
- Tea
- Yeast