

Mission Impossible - create a dish from a selection of random ingredients selected from a mystery bag. You should use 1 protein source, 1 potato/carb, 3 fruit and veg



Age 14 - 18

Activity details

This activity counts towards...



- Spy Adventures

££	Indoors
Day/Night	

- | | |
|----------------------------------|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7 | <input type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |
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|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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Skills:

- Decision making
- Independence
- Organisation
- Problem solving
- Resourcefulness
- Teamwork

Equipment:

- Cooking Equipment
- Ingredients