

Have a go at being a knight and have a jousting competition



For leaders

You will need a spear - we don't suggest using real ones as it could get a little messy! Instead why not use old broom handles with tennis balls stuck to the end? You could try hitting targets that get smaller each time. If you're that bit older and you'd like more of a challenge why not have a go at riding a 'horse' (here substitute for a skateboard or similar) whilst trying to hit your targets? Don't forget helmets and knee/elbow protection!

Age 14 - 18

Age 7 - 11

Activity details

This activity counts towards...



- St. George's Day - Green
- St. George's Day - Purple

£/Free Day/Night	Indoors/Outdoors
---------------------	------------------

- | | |
|----------------------------------|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |

- | | |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |

Skills:

- Communication
- Decision making
- Gross Motor Skills
- Imagination
- Leadership
- Observation
- Organisation
- Resourcefulness
- Self motivation

Equipment:

- Broom Handles
- Paper Plates
- Rollerskates
- Skateboards
- Small Hoops
- Tennis Balls