

# Have a cooking competition within your unit. Form patrols or teams and make a dish using ingredients selected by the leaders



## For leaders

With younger groups you might want to provide recipe cards and an adult per team to supervise. With older groups select ingredients that obviously make a dish but don't provide a recipe and for Explorers or Senior Section grab mystery ingredients and let them get creative...just be prepared to try the results!

## Age 14 - 18

## Age 5 - 7

## Age 7 - 11

## Activity details

### This activity counts towards...



- Winter Challenge

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£/££ Day/Night	Indoors/Outdoors
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|---|---|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input type="checkbox"/> 3 - 5            |   |
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- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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### Skills:

- Accountability
- Communication
- Creativity
- Fine Motor Skills
- Imagination
- Independence
- Listening
- Observation
- Organisation
- Problem solving
- Resourcefulness
- Teamwork
- Time management

### Equipment:

- Cooking Equipment