

Eggs are a symbol of new life. Complete the 'protect your egg' challenge. Each person in the unit gets an egg and draws a face on, takes it home and looks after it for a week. The following week all eggs must be brought back for the challenge... Using only a newspaper, protect your egg, then drop it from the top of a step ladder to see if it survives. Alternatively make egg bread with the returned eggs



## For leaders

Getting each of your girls to take an egg home and look after it for a week is a great way of teaching them about responsibility. You could even set challenges for the eggs like being photographed in the most adventurous/hottest/coldest place.

## Age 14 - 18

## Age 7 - 11

## Activity details

### This activity counts towards...



- Spring Challenge

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| £/Free<br>Day/Night | Outdoors |
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|----------------------------------|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7   | <input checked="" type="checkbox"/> 7 - 11  |
| <input type="checkbox"/> 3 - 5   |   |

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|---------------------------------|--|
| <input type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input type="checkbox"/> Summer | <input type="checkbox"/> Winter            |

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### Skills:

- Accountability
- Communication
- Decision making
- Imagination
- Problem solving
- Resourcefulness
- Self motivation
- Teamwork

### Equipment:

- Colouring Pens
- Eggs
- Newspaper
- Step Ladder