

Have a game of Frisbee



Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Summer Challenge

Free Day	Outdoors
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|---|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |
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- | | |
|--|---------------------------------|
| <input type="checkbox"/> Autumn | <input type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input type="checkbox"/> Winter |
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Skills:

- Communication
- Decision making
- Gross Motor Skills
- Listening
- Observation
- Teamwork

Equipment:

- Frisbee