

Pandas apparently like Kung Fu. Find out what kung fu is and have a go. Maybe you could invite a local expert to come and share their skills with you?



Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Panda Challenge

Free	Indoors
Day/Night	

<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input type="checkbox"/> 3 - 5	

<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

Skills:

- Decision making
- Flexibility
- Gross Motor Skills
- Listening
- Observation
- Relaxation

Equipment: