

# Hold a water race using 'bamboo shoots'



## For leaders

For 'bamboo shoots' use lengths of drain pipe, make these longer or shorter depending on the age group. Younger children would benefit from longer lengths so there is less transfer of water. Each team needs: 2/3 lengths of drain pipe, a cup/scoop plus a bucket of water at one end of the course and a measuring jug/another bucket at the other end. The aim is to transfer as much water as you can from one end of the course to the other in a set time using only the equipment provided. In this activity it's great to see how teams work together to either channel the water down the drain pipe or try and carry the water in the drain pipe (blocking the ends with their hands!) Either way - this is definitely an outdoor activity!

## Age 14 - 18

## Age 5 - 7

## Age 7 - 11

## Activity details

### This activity counts towards...



- Panda Challenge

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£/Free	Outdoors
Day/Night	

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|---|---|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input type="checkbox"/> 3 - 5            |   |
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|--|--|
| <input type="checkbox"/> Autumn            | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input type="checkbox"/> Winter            |
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### Skills:

- Communication
- Decision making
- Gross Motor Skills
- Leadership
- Problem solving
- Teamwork

### Equipment:

- Drain Pipe
- Water