

# Make a meal using only black and white foods



Age 14 - 18

Age 5 - 7

Age 7 - 11

## Activity details

This activity counts towards...



- Panda Challenge

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£/££	Indoors
Day/Night	

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|-------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input type="checkbox"/> 3 - 5            |                                             |
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- |                                            |                                            |
|--------------------------------------------|--------------------------------------------|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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### Skills:

- Creativity
- Decision making
- Fine Motor Skills
- Imagination
- Research
- Resourcefulness

### Equipment:

- Various Food Ingredients