

## Have octopus races in groups of 4.



### Here's an idea

In groups of 4 link arms back to back, making a circle to form your 'octopus'. Using your 8 legs run as fast as you can from one end of the room to the other. Hold races between groups to find out who is a champion octopus.

**Age 14 - 18**

**Age 5 - 7**

**Age 7 - 11**

### Activity details

#### This activity counts towards...



- Octopus Challenge

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Free	Indoors/Outdoors
Day/Night	

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<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input type="checkbox"/> 3 - 5	

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<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

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#### Skills:

- Communication
- Teamwork

#### Equipment: