

# Have a crab walk relay. You can only walk sideways



## Here's an idea

Make it more challenging by bending backwards onto all 4s into the 'crab' then scuttle along as fast as you can!

**Age 14 - 18**

**Age 3 - 5**

**Age 5 - 7**

**Age 7 - 11**

## Activity details

### This activity counts towards...



- Crab Challenge

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Free Day/Night	Indoors/Outdoors
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<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input checked="" type="checkbox"/> 3 - 5	

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<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

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### Skills:

- Gross Motor Skills

### Equipment: