

Make your own stilts, diablo or rhythm sticks



For leaders

Diablo is an hourglass shaped object which can be spun and caught on a string between two hand sticks. Rhythm sticks (also known as Devil Sticks) consist of two hand sticks (coated in rubber or silicone) and a middle stick which can be manipulated hundreds of different ways. Sometimes the middle stick has tassels on the ends so that it moves more slowly through the air so tricks can be learnt more easily.

Age 14 - 18

Age 3 - 5

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Circus Adventures

££	Indoors
Day/Night	

- | | |
|---|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input checked="" type="checkbox"/> 3 - 5 | |
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|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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Skills:

Equipment:

- Garden Cane
- Glue
- Ribbon
- Sticks
- String