

# Play 'Cat and Mouse' using the parachute



## For leaders

Everyone holds the parachute whilst sat in a circle on the floor, cross-legged. Someone becomes a mouse and crawls underneath the parachute. Someone else becomes a cat and crawls on the top of the parachute, trying to catch the mouse underneath. The rest of the group try to hide the mouse by moving the chute up and down gently. Make this harder for the cat by adding a blindfold. This works well for groups of all ages.

**Age 14 - 18**

**Age 3 - 5**

**Age 5 - 7**

**Age 7 - 11**

## Activity details

### This activity counts towards...



- Purrrfect Challenge

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Free	Indoors/Outdoors
Day/Night	

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<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input checked="" type="checkbox"/> 3 - 5	

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<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

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### Skills:

- Gross Motor Skills
- Listening
- Teamwork

### Equipment:

- Parachute