

# Visit a tree top adventure course and swing in the trees



Age 14 - 18

Age 7 - 11

## Activity details

This activity counts towards...



- Monkey Challenge

£££

Outdoors

Day

11 - 14

14 - 18

5 - 7

7 - 11

3 - 5

Autumn

Spring

Summer

Winter

## Skills:

- Gross Motor Skills
- Independence
- Listening
- Observation
- Self motivation

## Equipment: