

Most monkeys have tails. Have a go at tail bowling



For leaders

Place a tennis ball in the foot of one leg off a pair of tights - make one per team. This will act as a pendulum (or their bowling ball). Tie this round the waist of the first person in each team who should then try knocking over all their skittles (drinks bottles half filled with sand/rice) before the other teams. One point goes to the team who knocks all the skittles over first. The tails are then tied onto the next person in line and the race starts again. The winning team is the one with most points after all team members have had a go at 'bowling'.

Age 14 - 18

Age 7 - 11

Activity details

This activity counts towards...



- Monkey Challenge

£/Free	Indoors/Outdoors
Day/Night	

<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input type="checkbox"/> 3 - 5	

<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

Skills:

- Communication
- Decision making
- Flexibility
- Gross Motor Skills
- Leadership
- Observation
- Teamwork

Equipment:

- Drinks Bottles
- Rice
- Sand
- Tennis Ball
- Tights