

Make a dish using pork. Alternatively, find out about substitutes to animal proteins and cook a dish using them



Why?

Pig is the most consumed animal making up 40% of the world's animal protein.

Age 14 - 18

Age 7 - 11

Activity details

This activity counts towards...



- Chinese New Year - Pig

££	Indoors/Outdoors
Day/Night	

- | | |
|----------------------------------|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |
-

- | | |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
-

Skills:

- Independence

Equipment:

- Cooking Equipment