

# Try 'tossing the caber'



## For leaders

Have a go at this traditional Highland game! Younger groups use pool noodles or lengths of plastic pipe and older groups try logs...remember you need plenty of space outdoors.

**Age 14 - 18**

**Age 3 - 5**

**Age 5 - 7**

**Age 7 - 11**

## Activity details

### This activity counts towards...



- Burns Night - Bagpipes

£/££	Outdoors
Day	

- |   |   |
|---|---|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input checked="" type="checkbox"/> 3 - 5 |   |

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |

### Skills:

- Gross Motor Skills

### Equipment:

- Logs
- Plastic Pipe
- Pool Noodles