

Make space ice cream/ice cream in a bag



For leaders

Recipe for 2 people: you will need 2 sizes of zip-lock freezer bags (2 x small and 1 large), 1 cup of milk, 1 teaspoon vanilla extract, 2 tablespoons of sugar, 8 cups of ice and 8 tablespoons of salt. Inside the smaller freezer bags (double bag to be safe - you don't want salty ice in your ice cream!) mix the milk, vanilla and sugar. Seal the bag tight and in the larger one place the salt and ice. Place the smaller bag inside the larger one and seal well. Churn your ice cream by rolling the bag around making sure the ice mixture surrounds the milk mixture. Churn until you have ice cream!

Age 14 - 18

Age 7 - 11

Activity details

This activity counts towards...



- Astronaut Adventures

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|-----------|---------|
| £/££ | Indoors |
| Day/Night | |

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| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input type="checkbox"/> 3 - 5 | |

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| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |

Skills:

- Gross Motor Skills

Equipment:

- Freezer Bags
- Ice Cubes
- Milk
- Salt
- Sugar
- Vanilla Extract