

Learn about daily hygiene and positive habits for well-being



Age 14 - 18

Age 3 - 5

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Buddy Bag Foundation

£ Day/Night Indoors

<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input checked="" type="checkbox"/> 3 - 5	

<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

Skills:

- Fine Motor Skills
- Mental Health Awareness
- Relaxation

Equipment:

- Hygiene Products