

# Make some feel-good friendship envelopes



**Age 14 - 18**

**Age 7 - 11**

## Activity details

**This activity counts towards...**



- Buddy Bag Foundation

£

Indoors

Day/Night

11 - 14

14 - 18

5 - 7

7 - 11

3 - 5

Autumn

Spring

Summer

Winter

### Skills:

- Empathy

### Equipment: