

With your T-Rex arms complete make an obstacle course or play some throwing and catching games



Age 14 - 18

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- T-Rex Challenge

£ Outdoors
Day

<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input type="checkbox"/> 3 - 5	

<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

Skills:

- Communication
- Gross Motor Skills
- Teamwork

Equipment: