



## For leaders

T-Rex were bipedal; meaning they walked on 2 legs instead of 4. See how well your pair of legs works by running and jumping your way to gold!

**Age 14 - 18**

**Age 5 - 7**

**Age 7 - 11**

## Activity details

**This activity counts towards...**



- T-Rex Challenge

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£                      Outdoors  
Day

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<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input checked="" type="checkbox"/> 5 - 7	<input checked="" type="checkbox"/> 7 - 11
<input type="checkbox"/> 3 - 5	

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<input type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input type="checkbox"/> Winter

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## Skills:

- Gross Motor Skills
- Teamwork

## Equipment: