

T-Rex could sprint up to 20mph (32kph). Hold a competition to see how fast you can run



Age 14 - 18

Age 3 - 5

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- T-Rex Challenge

£

Outdoors

Day/Night

11 - 14

14 - 18

5 - 7

7 - 11

3 - 5

Autumn

Spring

Summer

Winter

Skills:

- Gross Motor Skills

Equipment: