

Children around the world are starving. Try fasting for a day, just drinking water.



For leaders

Age 14 - 18

Activity details

This activity counts towards...



- Den Day Challenge

Free	Indoors/Outdoors
Day/Night	

<input type="checkbox"/> 11 - 14	<input checked="" type="checkbox"/> 14 - 18
<input type="checkbox"/> 5 - 7	<input type="checkbox"/> 7 - 11
<input type="checkbox"/> 3 - 5	

<input checked="" type="checkbox"/> Autumn	<input checked="" type="checkbox"/> Spring
<input checked="" type="checkbox"/> Summer	<input checked="" type="checkbox"/> Winter

Skills:

- Responsibility
- Self motivation

Equipment: