

Go on a litter pick and collect plastic bottles. Wash and clean them out then make them in to a set of skittles. Fill each bottle with sand or water



For leaders

This is a great activity at night too. Fill each bottle with water and place a glow stick in each bottle to make them glow in the dark. Reuse the skittles in the daylight once the glow sticks have faded for more fun time after time!

Age 14 - 18

Age 3 - 5

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Reuse

£/Free Day/Night	Indoors/Outdoors
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|---|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input checked="" type="checkbox"/> 3 - 5 | |
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|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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Skills:

- Gross Motor Skills

Equipment:

- Balls
- Found Objects
- Recycled Materials
- Sand
- Water