

# Take part in an inclusive Sex and Relationships session covering sexuality, health, body image and consent



**Age 14 - 18**

## Activity details

**This activity counts towards...**



- Pride

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£/Free	Indoors
Day/Night	

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|----------------------------------|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input type="checkbox"/> 5 - 7   | <input type="checkbox"/> 7 - 11             |
| <input type="checkbox"/> 3 - 5   |   |
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- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |
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### Skills:

- Communication
- Empathy
- Independence
- Listening
- Mental Health Awareness
- Observation
- Responsibility

### Equipment: