

Have a go at growing your own vegetables then try cooking with them



Why?

Age 14 - 18

Age 3 - 5

Age 5 - 7

Age 7 - 11

Activity details

This activity counts towards...



- Remembrance Day - Red
- Private: Remembrance Day - 100 Years

£/Free Indoors/Outdoors
Day/Night

- | | |
|---|---|
| <input type="checkbox"/> 11 - 14 | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11 |
| <input checked="" type="checkbox"/> 3 - 5 | |

- | | |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |

Skills:

- Accountability
- Decision making
- Flexibility
- Independence
- Listening
- Observation
- Organisation
- Research
- Resourcefulness
- Responsibility
- Self motivation

Equipment:

- Compost
- Gardening Gloves
- Labels
- Plant Pots
- Plants
- Tools
- Various Vegetable Seeds