

Find some ration recipes. Have a go at making one or more of them. What did you think?  
Would you have been happy eating like that?



Age 14 - 18

Age 5 - 7

Age 7 - 11

### Activity details

This activity counts towards...



- Remembrance Day - Red
- Private: Remembrance Day - 100 Years

£/Free                      Indoors/Outdoors  
Day/Night

- |   |   |
|---|---|
| <input type="checkbox"/> 11 - 14          | <input checked="" type="checkbox"/> 14 - 18 |
| <input checked="" type="checkbox"/> 5 - 7 | <input checked="" type="checkbox"/> 7 - 11  |
| <input type="checkbox"/> 3 - 5            |   |

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Autumn | <input checked="" type="checkbox"/> Spring |
| <input checked="" type="checkbox"/> Summer | <input checked="" type="checkbox"/> Winter |

### Skills:

- Communication
- Creativity
- Decision making
- Fine Motor Skills
- Independence
- Listening
- Observation
- Organisation
- Research
- Responsibility
- Teamwork
- Time management

### Equipment:

- Cooker
- Cooking Equipment
- Cooking Utensils
- Recipes
- Various Food Ingredients